

Follow Me

32 count, 4 wall, Intermediate level
Choreographer : Cathryn Proudfoot (Aus) 2001
Choreographed to : Follow Me by Uncle Kracker
(single)

Side Point. 1/2 Right. Side Rocks. Cross Step. Rock Fwd-Bwd. 1/2 Right. Fwd Heel / Toe Strut.

- 1 - 2 Point right toe to right side. Turn 1/2 right & step right foot next to left.
3& 4 Rock left foot to left side, rock onto right foot, cross step left foot forward over right.
5 - 6 Rock forward onto right foot. Rock backward onto left foot.
7 - 8 Turn 1/2 right & touch right heel forward. Drop right heel to floor.

Fwd Full Turn Right. Diagonal Step Fwd with Hip Bump. 3x Hip Bumps. Rock Fwd-Bwd.

- 9 - 10 **Moving forward:** Turn full turn right stepping Left. Right.
11 - 12 Step left foot diagonally forward left & bump hips to left. Bump hips to right.
13& 14 **Bump hips:** Left, Right-Left.
15 - 16 Turn to face wall & rock forward onto right foot. Rock backward onto left foot.

Bwd Full Turn Right. 1/4 Right. Side Step. Cross Step. Side Step. Step. Cross Step. Side Step. Step.

- 17 - 18 **Moving backward:** Turn full right stepping Right. Left.
19 - 20 Turn 1/4 right & step right foot to right side. Cross step left foot forward over right.
& Step right foot to right side.
21 - 22 Step left foot in place. Cross step right foot forward over left.
23 - 24 Step left foot to left side. Step right foot in place.

Forward Sailor Step. Step Fwd. Pivot 1/2 Left. Step Fwd. 2x Heel Twists. Step Fwd. 2x Heel Twists.

- 25& 26 Step left foot behind right, step right foot to right side, step forward onto left foot.
27 - 28 Step forward onto right foot. Pivot 1/2 left (weight on left foot).
29& 30 Step right foot slightly in front of left, twist both heels out, twist both heels in (weight on right).
31& 32 Step left foot slightly in front of right, twist both heels out, twist both heels in (weight on left).

Style note: As you 'twist' heels, raise heels off floor.

Dance Finish: When dancing to Uncle Kracker the dance will finish on count 4, as you cross step do a 1/4 right to face home wall