



# Fly Like A Bird



INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
<b>Section 1</b>	<b>Rock Steps with 1/4 Turns.</b>		
1 - 2	Rock to left side on left. Rock to right side on right.	Rock. Rock.	On the spot
3 - 4	Rock weight onto left making 1/4 turn left. Hold.	Turn. Hold.	Turning left
5	On ball of left make 1/4 turn left rocking right to right side.	Rock	Turning left
6	Rock to left side on left.	Rock	On the spot
7 - 8	Rock weight onto right making a 1/4 turn right. Hold.	Turn. Hold.	Turning right
<b>Section 2</b>	<b>Rock Steps &amp; 1/4 Turns, Kick Ball 1/4 Turn Left, Kick Ball Change</b>		
9	On ball of right make 1/4 turn right rocking left to left side.	Rock	Turning right
10	Rock weight onto right.	Rock	On the spot
11 - 12	Rock weight onto left making 1/4 turn left. Hold.	Turn. Hold.	Turning left
13 & 14	Kick right forward. Step right beside left. Step left 1/4 turn left.	Kick Ball Turn	Turning left
15 & 16	Kick right forward. Step right beside left. Step left in place.	Kick Ball Change	On the spot
<b>Section 3</b>	<b>Cross Unwind, Crossing Shuffle, Turning Shuffle, 1/4 &amp; 1/2 Pivots.</b>		
17 - 18	Cross right over left. Unwind 1/2 turn left (weight ends on right).	Cross. Unwind.	Turning left
19 & 20	Cross left over right. Step right to right side. Cross left over right.	Cross & Cross	Right
21 & 22	Step right 1/4 turn right. Step left beside right. Step forward right.	Right Shuffle	Turning right
23	On ball of right pivot 1/4 turn right stepping left to left side.	Step	Turning right
24	On ball of left pivot 1/2 right stepping right to right side.	Turn	Turning right
<b>Section 4</b>	<b>Cross Point, Cross Unwind, Crossing Shuffle, Right Side Slide.</b>		
25	Cross left over right, taking weight & slightly bending knees.	Cross	On the spot
26	Point right toe out to right side as you straighten up.	Point	On the spot
27 - 28	Cross right over left. Unwind 1/2 turn left (weight ends on right).	Cross. Unwind.	Turning left
29 & 30	Cross left over right. Step right to right side. Cross left over right.	Cross & Cross	Right
31	Take a big sliding step to right with right foot.	Right	Right
32	Slide left to close beside right.	Slide	On the spot

**Dedication:-** For all those who took flight at the Commonwealth Games closing ceremony, you were 'Totally Awesome'.

**Two Wall Line Dance:-** 32 Count. Intermediate Level.

**Choreographed by:-** Hedy McAdams (USA) Nov. 1995.

**Choreographed to:-** 'Fly Like A Bird' by Boz Scaggs (124 bpm) Line Dance Fever 3 or Some Change album, (32 count intro).

**Music Suggestion:-** 'If It Don't Take Two' by Shania Twain (teaching) from The Woman In Me.