

INTERMEDIATE

Fly Like A Bird



TEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Rock Steps with 1/4 Turns.		
1 - 2	Rock to left side on left. Rock to right side on right.	Rock. Rock.	On the spot
3 - 4	Rock weight onto left making 1/4 turn left. Hold.	Turn. Hold.	Turning left
5	On ball of left make 1/4 turn left rocking right to right side.	Rock	Turning left
6	Rock to left side on left.	Rock	On the spot
7 - 8	Rock weight onto right making a 1/4 turn right. Hold.	Turn. Hold.	Turning right
Section 2	Rock Steps & 1/4 Turns, Kick Ball 1/4 Turn Left, Kick Ball Change		
9	On ball of right make 1/4 turn right rocking left to left side.	Rock	Turning right
10	Rock weight onto right.	Rock	On the spot
11 - 12	Rock weight onto left making 1/4 turn left. Hold.	Turn. Hold.	Turning left
13 & 14	Kick right forward. Step right beside left. Step left 1/4 turn left.	Kick Ball Turn	Turning left
15 & 16	Kick right forward. Step right beside left. Step left in place.	Kick Ball Change	On the spot
Section 3	Cross Unwind, Crossing Shuffle, Turning Shuffle, 1/4 & 1/2 Pivots.		
17 - 18	Cross right over left. Unwind 1/2 turn left (weight ends on right).	Cross. Unwind.	Turning left
19 & 20	Cross left over right. Step right to right side. Cross left over right.	Cross & Cross	Right
21 & 22	Step right 1/4 turn right. Step left beside right. Step forward right.	Right Shuffle	Turning right
23	On ball of right pivot 1/4 turn right stepping left to left side.	Step	Turning right
24	On ball of left pivot 1/2 right stepping right to right side.	Turn	Turning right
ection 4	Cross Point, Cross Unwind, Crossing Shuffle, Right Side Slide.		
25	Cross left over right, taking weight & slightly bending knees.	Cross	On the spot
26	Point right toe out to right side as you straighten up.	Point	On the spot
27 - 28	Cross right over left. Unwind 1/2 turn left (weight ends on right).	Cross. Unwind.	Turning left
29 & 30	Cross left over right. Step right to right side. Cross left over right.	Cross & Cross	Right
31	Take a big sliding step to right with right foot.	Right	Right
32	Slide left to close beside right.	Slide	On the spot
	1 - 2 3 - 4 5 6 7 - 8 section 2 9 10 11 - 12 13 & 14 15 & 16 section 3 17 - 18 19 & 20 21 & 22 23 24 section 4 25 26 27 - 28 29 & 30 31	Rock to left side on left. Rock to right side on right. Rock weight onto left making 1/4 turn left. Hold. On ball of left make 1/4 turn left rocking right to right side. Rock to left side on left. Rock weight onto right making a 1/4 turn right. Hold. Rock weight onto right making a 1/4 turn right. Hold. Rock Steps & 1/4 Turns, Kick Ball 1/4 Turn Left, Kick Ball Change On ball of right make 1/4 turn right rocking left to left side. Rock weight onto right. Rock weight onto left making 1/4 turn left. Hold. Kick right forward. Step right beside left. Step left 1/4 turn left. Kick right forward. Step right beside left. Step left in place. Cross Unwind, Crossing Shuffle, Turning Shuffle, 1/4 & 1/2 Pivots. Cross right over left. Unwind 1/2 turn left (weight ends on right). Cross left over right. Step right to right side. Cross left over right. Step right 1/4 turn right. Step left beside right. Step forward right. On ball of right pivot 1/4 turn right stepping left to left side. On ball of left pivot 1/2 right stepping right to right side. Cross left over right, taking weight & slightly bending knees. Point right toe out to right side as you straighten up. Cross left over right. Step right to right side. Cross left over right. Cross left over right, Step right to right side. Cross left over right. Take a big sliding step to right with right foot.	Rock Steps with 1/4 Turns. 1 · 2 Rock to left side on left. Rock to right side on right. 3 · 4 Rock weight onto left making 1/4 turn left. Hold. 5 On ball of left make 1/4 turn left rocking right to right side. 6 Rock to left side on left. 7 · 8 Rock weight onto right making a 1/4 turn right. Hold. 7 · 8 Rock Weight onto right making a 1/4 turn right. Hold. Turn. Hold. 8 Rock Steps & 1/4 Turns, Kick Ball 1/4 Turn Left, Kick Ball Change 9 On ball of right make 1/4 turn right rocking left to left side. 10 Rock weight onto right. 11 · 12 Rock weight onto left making 1/4 turn left. Hold. 11 · 12 Rock weight onto left making 1/4 turn left. Hold. 13 & 14 Kick right forward. Step right beside left. Step left 1/4 turn left. 15 & 16 Kick right forward. Step right beside left. Step left in place. 17 · 18 Cross right over left. Unwind 1/2 turn left (weight ends on right). 17 · 18 Cross left over right. Step right to right side. Cross left over right. 21 & 22 Step right 1/4 turn right. Step left beside right. Step forward right. 23 On ball of right pivot 1/4 turn right stepping left to left side. 24 On ball of left pivot 1/2 right stepping right to right side. 25 Cross left over right, taking weight & slightly bending knees. 26 Point right toe out to right side as you straighten up. 27 · 28 Cross right over left. Unwind 1/2 turn left (weight ends on right). Cross. Unwind. Cross left over right. Step right to right side on right). Cross left over right, taking weight & slightly bending knees. Point right toe out to right side as you straighten up. 27 · 28 Cross right over left. Unwind 1/2 turn left (weight ends on right). Cross. Unwind. Cross left over right. Step right to right side. Cross left over right. Rock Rack Rock Rock

Dedication:- For all those who took flight at the Commonwealth Games closing ceremony, you where 'Totally Awesome'.

Two Wall Line Dance: 32 Count. Intermediate Level.

Choreographed by:- Hedy McAdams (USA) Nov. 1995.

Choreographed to:- 'Fly Like A Bird' by Boz Scaggs (124 bpm) Line Dance Fever 3 or Some Change album, (32 count intro).

Music Suggestion:- 'If It Don't Take Two' by Shania Twain (teaching) from The Woman In Me.