

Flowing Waters

56 count, 2 wall, beginner/intermediate level
Choreographer: Theresa Needham (UK) Feb 2007
Choreographed to: Down By The Banks Of The Ohio
by Olivia Newton John, CD: Gold; One Of The Guys
by Kellie Pickler, CD: Small Town Girl

12 count intro, start on the word 'love' (One Of The Guys – 16 count intro)

WALK, WALK, WALK, KICK, STEP, TOUCH, STEP, TOUCH

1 – 4 WALK FORWARD R, L, R, KICK L FOOT FORWARD

5 – 8 STEP BACK ON L, TOUCH R ACROSS L, STEP FORWARD ON R, TOUCH L NEXT TO R

STEP BACK SIDE CROSS HOLD X 2

1 – 4 SMALL STEP BACK ON L, STEP R TO R SIDE, CROSS L OVER R, HOLD

5 – 8 SMALL STEP BACK ON R, STEP L TO L SIDE, CROSS R OVER L, HOLD

BACK, LOCK, BACK, ¼ R. STEP LOCK STEP TOUCH

1 – 4 STEP BACK ON L, LOCK R ACROSS L. STEP BACK ON L,
¼ TURN R STEPPING FORWARD ON R

5 – 8 STEP L FORWARD, LOCK R BEHIND L. STEP FORWARD ON L, TOUCH R, BESIDE L

BACK, TOUCH X 4 WITH CLAPS.

1 – 4 STEP BACK ON R, TOUCH L NEXT TO R, AND CLAP. STEP BACK ON L,
TOUCH R NEXT TO L, AND CLAP.

5 – 8 STEP BACK ON R, TOUCH L NEXT TO R, AND CLAP. STEP BACK ON L,
TOUCH R NEXT TO L, AND CLAP

VINE ¼ R. STEP, MONTERAY ¼ TURN R. POINT STEP

1 – 4 STEP R TO R SIDE, STEP L BEHIND R, ¼ TURN R STEPPING FORWARD ON R.
STEP FORWARD L

5 – 8 POINT R TO R SIDE, ¼ TURN R STEPPING R NEXT TO L, POINT L TO L SIDE,
STEP L NEXT TO R

MONTERAY ¼ TURN R, POINT STEP, STEP PIVOT ¼ L, CROSS ROCK RECOVER

1 – 4 POINT R TO R SIDE, ¼ TURN R STEPPING R NEXT T L, POINT L TO L SIDE,
STEP L NEXT TO R

5 – 8 STEP FORWARD ON R, ¼ TURN L, (WEIGHT ON L), CROSS ROCK R OVER L,
RECOVER ONTO L

EXTENDED VINE, CROSS ROCK RECOVER STEP ¼ L

1 – 4 STEP R TO R SIDE, CROSS L IN FRONT OF R, STEP R TO R SIDE,
STEP LEFT BEHIND R,

5 – 8 STEP R TO R SIDE, CROSS ROCK L OVER R, RECOVER ONTO R,
¼ TURN L STEPPING FORWARD ON L
