

Flip Reverse It

32 count, 4 wall, intermediate level

Choreographer: Karen Westley (England) Jan 2004

Choreographed to: Flip Reverse by Blazin Squad -

Now or Never album (100 bpm)

Intro 16 counts

Side together, Chasse quarter turn, Pivot ½ right, left shuffle forward

- 1 – 2 Step right to right side. Step left in place next to right.
3 & 4 Step right to right side. Close left beside right. Step right to right side making a ¼ turn right.
5 – 6 Step forward left. Pivot ½ turn right.
7 & 8 Step forward left. Close right beside left. Step forward left.

Rock side, right sailor step, heel switches, hips forward and back

- 1 – 2 Rock right to right side. Recover weight onto left.
3 & 4 Cross right behind left. Step left to left side. Step right to place.
5 & 6 Touch left heel forward. Step left to place. Touch right heel forward.
& 7 & 8 Step right to place. Touch left heel forward. Push hips forward. Push hips back.

Left lock step, right lock step, step side left, right, left, right

- 1 & 2 Step forward left. Lock right behind left. Step forward left.
3 & 4 Step forward right. Lock left behind right. Step forward right.
5 – 6 Bending knees, step left to left side and right to right side.
7 – 8 Straightening knees, step left to left side and right to right side.

Triple step 1½ turns, right mambo forward, left mambo back, toe switches

- 1 & 2 Triple step 1 ½ turns left, stepping – left, right, left.
3 & 4 Rock forward onto right. Recover weight onto left. Step back right.
5 & 6 Rock back onto left. Recover onto right. Step forward left.
7 & 8 & Touch right toe instep. Step right beside left. Touch right toe instep. Step left beside right.

Start the dance again and get funky! No need to worry about tags or restarts!
