

Flexy Sexy

32 count, 4 wall, Intermediate level

Choreographer: Jo & John Kins er (UK) Aug 2006
Choreographed to: Do Ya Think I'm Sexy by N-Trance
With Rod Stewart, CD: A Night At
The Roxbury Soundtrack; Not Tonight (Ladies Night)
Remix by Lil Kim & TLC & Missy Elliot

Stomp Tap Step, Behind Side In Front, Rock & Cross, Shuffle Step

- 1&2 Stomp left forward, touch right next to left, step right to right
3&4 Step left behind right, step right to right, step left in front right
5&6 Rock right side right, replace weight left, step right in front left
7&8 Step left to left, step right next to left, step left to left

¼ Coaster Step, Step ¾ Turn, Rock Step, Lock, Step ½ Turn

- 1&2 Make ¼ turn right stepping back right, step together left, step forward right
3&4 Step forward left, turn ½ right, turn ¼ right stepping left to left
5-6 Rock right back, replace left
&7&8 Lock right behind left, step forward left, step forward right, make ½ turn left stepping left in place

Hip Hop Walk Forward Right, Left, ¼ Shuffle Step, Sailor Step Twice

- 1 As you step forward right bring shoulders up, as you place weight right bring shoulders down
2 As you step forward left bring shoulders up, as you place weight left bring shoulders down
3&4 Make ¼ turn left stepping right side right, step together left, step right to right
5&6 Step left behind right, step right in place, step left side left
7&8 Step right behind left, step left in place, step right side right

Scuff Step Rock Step Twice, Rock ½ Turn, Run Right-Left-Right Touch Left

- &1&2 Scuff left forward, step forward left, rock right in place, replace weight left
&3&4 Scuff right forward, step forward right, rock left in place, replace weight right
5&6 Rock forward left, replace weight right, make ½ turn left stepping forward left
7&8& Run forward right, left, right, touch left next to right

HOPSCOTCH

- 7& Jump out feet shoulder width apart, hop forward onto right foot
8& Jump out feet shoulder width apart, hop forward onto right foot
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