

Flavour Of The Month

36 Count, 4 Wall, Improver

Choreographer: Stephen Rutter & Claire Butterworth
(UK) Feb 2011

Choreographed to: Superstar by Raul Malo
CD: Sinners & Saints (140 bpm)

36 count intro

1 Side Step, Close, Step Forward, Side Rock, Jazz Box With ¼ Turn Right.

- 1-2 Step left to left side, close right beside left.
3 Step forward on left.
&4 Rock right to right side, recover weight onto left.
5-6 Cross right over left, step back on left.
7-8 Make a 1/4 turn right stepping right to right side, cross left over right.

2 Side Step, Cross Behind, Side Mambo Rock With Toe Touch, Knee Pops, Hold.

- 1-2 Step right to right side, cross left behind right.
3&4 Rock right to right side, recover weight onto left,
touch right toe beside left popping right knee in towards left.
5-6 Replace weight onto right popping left knee in towards right,
replace weight onto left popping right knee in towards left.
7-8 Replace weight onto right popping left knee in towards right, hold.

3 Step Back, ¼ Turn Right, Left Lock Step, Step Forward, Pivot ½ Turn Left, Right Lock Step

- 1-2 Step Back on left, make a 1/4 turn right stepping right to right side.
3&4 Step forward on left, lock right behind left, step forward on left.
5-6 Step forward on right, pivot a half turn left.
7&8 Step forward on right, lock left behind right, step forward on right.

4 Walk Forward, Forward Mambo Rock, Walk Back, ¼ Turn Right, Chasse.

- 1-2 Step forward on left, step forward on right.
OPTION: Counts 1-2 (Walks) can be replaced with a full turn right (travelling forward) stepping on left, right.
3&4 Rock forward on left, recover weight back onto right, step left beside right.
5-6 Step back on right, step back on left.
OPTION: Counts 5-6 (Walks) can be replaced with a full turn right (travelling back) stepping on right, left.
7&8 Make a 1/4 turn right stepping right to right side, close left beside right, step right to right side.

5 V-Step.

- 1-2 Step left forward and out towards left corner, step right forward and out towards right corner.
3-4 Step back on left (toward centre), step back on right (toward centre)
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