

First Time Feeling

32 count, 4 wall, beginner/intermediate level

Choreographer: William Brown (Scotland) June 2005

Choreographed to: Fast Cars And Freedom by Rascal Flatts

32 count intro – start on word 'YOU'

1-8 SIDE, ROCK, REC, ¼, STEP, ½, SIDE SHUFFLE

- 1) Step right to right side
- 2) Cross rock left over right
- 3) Recover weight back on right
- 4) Step left to left making ¼ turn left
- 5) Step forward on right
- 6) Pivot ½ turn left keeping weight on right bringing left in towards right
- 7&8) Left side shuffle

9-16 CROSS, SWEEP, FRONT, SIDE, BEHIND, SWEEP, BEHIND TURN STEP

- 9) Cross right over left
- 10) Sweep left clockwise out to left and forward
- 11) Cross left over right
- 12) Step right to right side
- 13) Cross left behind right
- 14) Sweep right clockwise out to right and back
- 15&16) Cross right behind left(15), Step on left making ¼ turn left(&), step forward on right(16)

17-24 STEP, KICK, BACK, TOUCH, STEP, LOCK, STEP LOCK STEP

- 17) Step forward on left
- 18) Kick right forward keeping it low with right toe pointed forward
- 19) Step back on right
- 20) Touch left toe beside right foot 'sitting' into right hip with left leg bent
- 21) Step forward left
- 22) Lock right behind left
- 23&24) Left lock step forward (left foot forward, lock right behind left, left foot forward)

25-32 POINT CROSS x2, ROCK, REC, CROSS, ¼ TURN

- 25) Point right to right side
- 26) Cross right over left
- 27) Point left to left side
- 28) Cross left over right
- 29) Rock right to right side
- 30) Recover weight on left
- 31) Cross right over left
- 32) Making ¼ turn right step back on left

Note; When using 'Fast Cars And Freedom' the phrasing is not consistent all the way through so.....

RESTARTS; on 3rd and 8th walls (back wall) you finish the dance on count 31 and NOT 32 – just touch your right beside left instead of crossing over so you're ready to start the next wall.....

TAGS; After 4th and 9th walls an 8 count tag is needed – just repeat the last 8 counts of the dance but DON'T turn on the final step.....

Remember – each time you get to the back wall do the 31 count wall then a full wall with the tag – EASY!!

Phrasing goes off again near the end but just dance through this one.....ENJOY AND SMILE!!!
