

Right shuffle, rock ½ turn left, 1/4 scuff, hitch step, bump, Sailor ¼ left.

- 1&2 Step right forward, step left next to right, Step right forward
3&4 Rock forward on left, recover weight on to right, ½ turn left stepping forward on left.
5&6& ¼ turn left scuffing right foot, hitch right, step down to side on right, bump hip right taking weight.
7&8 Sweep left round making ¼ turn left, step right next to left, step left next to right.

Right heel, Left heel, Step, Turn, Touch, out, in, Back, Back, Pop.

- 1&2 Touch right heel forward, step right next to left, Touch left heel forward.
&3 4 Step left next to right, Step right forward, Pivot ½ turn left
5&6 Touch right toe forward, Swivel right heel out, Swivel right heel in.
&7 8 Step right back, step left back shoulder width from right, Pop right knee in.

1/4 Sweep, Behind & cross Shuffle, Rock & cross, Side, 1/2 turn, Step.

- 1 2& Sweep right round ¼ turn right, Step right Behind left, Step left to left side.
3&4 Cross right over left, Step left beside right, Cross right over left.
5&6 Rock out to left side on left, Recover weight onto right, Cross left over right.
&7 8 Step 1/4 left stepping back on right, step ¼ turn left stepping left big step to left. Step right next to left.

Point & point, Hitch, Step, Point, Cross & Heel & Cross Unwind.

- 1&2 Point left to left side, Step left next to right, Point right to right side,
&3 4 Hitch right knee, Step right next to left, Point left to left side,
5&6 Cross left over right, Step right slightly back behind left, Touch left heel forward
&7 8 Step left next to right, Cross right over left, Unwind ½ turn left (weight on left).

Skate, Skate, Right shuffle, Kick, step, Tap, Step, 3/4 turn (Left).

- 1 2 Skate forward on right, Skate Forward on left
3&4 Step right into right diagonal, Step right beside left, step right into right diagonal.
5&6& Kick left into right diagonal, Step on left, tap right toe behind left heel, Step down on right.
7 8 ¼ turn left on left, ½ turn left stepping right to right side.

Side ¼ turn, Rock, Recover, Side ¼ turn, Step, ¾ pivot, Side, Rock, Recover, Side, Touch.

- 1 2& ¼ turn left stepping left to left side, rock back on right, Recover weight onto left,
3 4& Step right to right side making ¼ turn right, step left forward, ¾ pivot right,
5 6& Step left to left side, Rock back on right, Recover weight onto left,
7 8 Step right to right side, Touch left beside right

Skate, Skate, Left shuffle, Kick, Step, Tap, Step, ¾ turn (Right).

- 1 2 Skate forward on left, skate forward on right.
3&4 Step left into left diagonal, Step right beside left, Step left into left diagonal.
5&6& Kick right into left diagonal, Step down on right, Tap left behind right heel, Step down on left.
7 8 ¼ turn right on right. 1/2 turn right stepping left to left side.

Side, Rock, Recover, ¼ turn, ¾ turn, roll knees, Right, left, right, left.

- 1 2& ¼ turn right stepping right to right side, Rock back on left, Recover weight on to right,
3 4& ¼ turn on to left, step forward on right, ¾ turn left on left,
5 6 Roll right knee stepping onto right, Roll left knee stepping onto left,
7 8 Roll right knee stepping onto right, Roll left knee stepping onto left,