

1/2 PIVOTS INTO FORWARD SHUFFLES

- 1 Step forward on right
- 2 Pivot 1/2 turn left, changing weight to left
- 3 & 4 Shuffle forward right-left-right
- 5 Step forward on left
- 6 Pivot 1/2 turn right, changing weight to right
- 7 & 8 Shuffle forward left-right-left

CROSSOVERS INTO HEEL GRINDS

- 9 Traveling side left, cross step on right heel over left (toe pointing toward 10:30)
- 10 Stepping left to left side, grind (swivel, move) right heel right (toe turning toward 1:30)
- 11 - 16 Repeat counts 9-10 three more times

JAZZ SQUARE INTO 1/4 TURN, HEEL JACKS

- 17 Cross step right over left
- 18 Stepping back on left, make 1/4 turn left
- 19 Step right to right side
- 20 Step left beside right
- 21 Touch (tap) right heel forward
- & 22 Stepping back on right to center, touch (tap) left heel forward
- & 23 Stepping back on left to center, step forward on right
- 24 Reach forward, pulling arms in to waist, touch left toe beside right

ZIG ZAG BACK WITH CLAPS

- 25 Step back on left 45 degrees left
- 26 Touch right toe beside left & clap
- 27 Step back on right 45 degrees right
- 28 Touch left toe beside right & clap
- 29 - 32 Repeat counts 25-28

1-1/4 TURN, HIP SWAYS

- 33 Step left to left side, making 1/4 turn left
- 34 On ball of left, make 1/2 turn left stepping back on right
- 35 & 36 Making 1/2 turn left, shuffle (triple) left-right-left
- 37 - 40 Shifting weight, sway hips right-left-right-left (weight ending on left)

KICK BALL CHANGE

- 41 Kick right forward
- & Stepping back on right, slightly lift left
- 42 Step on left

LADY'S SUGAR PUSH BASIC

- 43 Step forward on right
- 44 Step forward on left
- 45 Touch (tap) right toe beside left
- 46 Step back on right
- 47 Keeping right in place, step back on left
- & Keeping left in place, rock forward onto right
- 48 Rock back onto left

REPEAT