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## Fired Up!

32 count, 4 wall, Beginner/Intermediate level  
Choreographer : Lesley & Paul Michel (UK)  
Sept 2001

Choreographed to : All Fired Up by Dan Seals  
(204 bpm), Step In Line CD

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Choreographers' note: Start on vocals. Steps 7 & 8 can be replaced with a back left coaster step

### Section 1 2 x Toe Heel Cross Hold, Right Lock Step Back, Full Turn

- 1&2& With weight on left foot, touch right toe to left foot, touch right heel to left foot, cross right over left, hold & clap  
3&4& Touch left toe to right foot, touch left heel to right foot, cross left over right, hold & clap  
5&6 Step back on right, cross left over right, step back on left Back right left right  
7&8 Full turn over left shoulder on left, right, left

### Section 2 2 x Lock Steps, ¼ Turn Syncopated Toe Strut Jazz Box

- 9&10& Step forward right, lock left behind right, step forward right, scuff left foot forward  
11&12& Step left forward, lock right behind left, step forward on left, scuff right foot forward  
13&14& Cross right toe over left & place heel to floor, step back on left making a ¼ turn to right step ¼ turn  
15&16& Place left heel to floor, step right toe to right side & place right heel to floor, step left toe to right foot & place heel to floor (Weight onto left foot)

### Section 3 Right Toe-Touches, Sailor Step, Left Toe-Touches, Sailor Steps

- 17&18 Touch right toe to right side, touch right toe to left foot, touch right toe to right side  
19&20 Step right behind left, step onto left, replace weight onto right  
21&22 Touch left toe to left side, touch left to right foot, touch left toe to left side  
23&24 Step left behind right, step onto right, replace weight onto left

### Section 4 2 x ½ Turn Pivots, Grapevine Right, Step Turn Step

- 25-26 Step forward on right, ½ turn over left shoulder, replace weight onto left  
27-28 Step forward on right, ½ turn over left shoulder, replace weight onto left  
29&30& Step right to right side, step left behind right, step right to right side, touch left toe to right foot & clap  
31&32 Step forward on left, ½ turn over right shoulder, step forward on left & clap
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