

Fire & Ice

24 Count, 4 Wall, Beginner

Choreographer: Lynne Flanders (USA) Feb 2001
Choreographed to: Fire & Ice by Lenny Paquette (138 bpm), CD: She Dances A Lot; That's The Kind Of Mood I'm In by Patty Loveless (132 bpm), CD: Strong Heart; You Made Me That Way by Andy Griggs (143 bpm) CD: You Won't Ever Be Lonely

SLIDE RIGHT; SLIDE LEFT

- 1 Right step right
- 2 Left slide-step together
- 3 Right step right
- 4 Left stomp up
- 5 Left step left
- 6 Right slide-step together
- 7 Left step left
- 8 Right stomp up

STOMP, HEEL TAPS TURNING ¼ LEFT

- 9 Right stomp forward with weight (bend knee)
- 10 Right lean forward & tap heel & turn slightly left
- 11 Right repeat #10
- 12 Right repeat # 10 finishing ¼ turn left

FORWARD ON ANGLE LEFT & RIGHT

- 13 Left step forward diagonally
- 14 Right slide-step together
- 15 Left step forward diagonally
- 16 Right stomp beside (no weight)
- 17 Right step forward diagonally
- 18 Left slide-step together
- 19 Right step forward diagonally
- 20 Left stomp beside (no weight)

3 STEPS BACK, STOMP

- 21 Step left back
 - 22 Step right back
 - 23 Step left back
 - 24 Right stomp beside (no weight)
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