



13 MHZ

(aka: Un, Dos, Tres)



Ricky Martin

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Right Rock , Crossing Triple, Left Rock Step, Crossing Triple.		
1 - 2	Rock step right to right side. Rock onto left in place.	Right. Rock.	On the spot
3 & 4	Cross right over left. Step left small step left. Cross right over left.	Cross Step Cross	Left
5 - 6	Rock step left to left side. Rock onto right in place.	Left. Rock.	On the spot
7 & 8	Cross left over right. Step right small step right. Cross left over right.	Cross Step Cross	Right
Section 2	Syncopated Toe & Heel Touches, 2 x Left Kick Ball Change.		
9 &	Touch right toe to right side. Step right beside left.	Right &	On the spot
10 &	Touch left toe to left side. Step left beside right.	Left &	
11 &	Touch right heel diagonally forward right. Step right beside left.	Heel &	
12	Touch left toe diagonally back left.	Back.	
13 & 14	Kick left forward. Step left beside right. Step right in place.	Kick Ball Change	On the spot
15 & 16	Kick left forward. Step left beside right. Step right in place.	Kick Ball Change	
Section 3	Step 1/2 Pivot Right, 2 x Rock Steps, Left Shuffle.		
17 - 18	Step forward left. Pivot 1/2 turn right.	Step. Pivot.	Turning right
19 - 20	Rock step forward on left. Rock back onto right.	Rock. Rock.	On the spot
21 - 22	Rock step forward on left. Rock back onto right.	Rock. Rock.	
Note:	Steps 21 - 22 can be replaced with a forward body roll.	(Body Roll)	
23 & 24	Step forward left. Step right beside left. Step forward left.	Left Shuffle	Forward
Section 4	Rock Step, Turning Triple Step, Rock Step, Coaster Step.		
25 - 26	Rock step forward on right. Rock back onto left	Rock. Rock.	On the spot
27 & 28	Triple step, 3/4 turn right stepping - Right, Left, Right. .	Triple Turn	Turning right
29 - 30	Rock step forward on left. Rock back onto right.	Rock. Rock.	On the spot
31 & 32	Step back left. Step right beside left. Cross left over right.	Back & Cross	

BEGINNER/INTERMEDIATE

4 Wall Line Dance:- 32 Counts. Beginner/Intermediate Level.

Choreographed by:- Sherry McClure (USA) Nov 1996.

Music Suggestion:- '13 MWZ' by Deryl Dodd or ' (Un, Dos, Tres), Maria' by Ricky Martin (132bpm).