STEPPIN'OFF



THEPage







Fifty Years Ag

4 WALL - 36 COUNTS - IMPROVER			
STEPS	Actual Footwork	Calling Suggestion	Direction
Section 1 1 & 2 3 & 4 5 & 6 7 & 8 Section 2 1 & 2 3 & 4 5 & 6 7 &	Rock & Cross, Rock 1/4 Turn, Step, Toe Strut, Step, Pivot 1/2 x 2 Rock right to right side. Recover onto left. Cross right over left. Rock left to left side. Recover onto right making 1/4 turn right. Step left forward. Touch right toe forward. Step down on right. Step forward left. Step forward right. Pivot 1/2 turn left. Make further 1/2 turn left stepping back onto right. Back Lock Step x 2, Coaster Step, Rock 1/2 Turn Step left back. Lock right across left. Step left back. Step right back. Lock left across right. Step right back. Step left back. Step right beside left. Step left forward. Rock out on right making 1/4 turn right. Recover onto left.	Side Rock Cross Rock Turn Step Toe Strut Step Step Pivot Turn Back Lock Back Back Lock Back Coaster Step Rock Turn	Left Turning right Forward Turning left Back On the spot Turning left
8 Section 3 1 & 2 Restart 3 & 4 5 & 6 7 & 8 &	Rock out on right making 1/4 turn left. Behind Side Cross, Rock 1/4 Turn, Step, Forward Shuffle, Grapevine, Touch Cross left behind right. Step right to right side. Cross left over right. Wall 4: restart dance again from beginning at this point. Rock right to side. Recover onto left making 1/4 turn left. Step right forward. Step left forward. Close right beside left. Step left forward. Step right to side. Cross left behind right. Step right to side. Touch left beside right.	Rock Turn Behind Side Cross Rock Turn Step Left Shuffle Side Behind Side Touch	Right Turning left Forward Right
Section 4 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8	Grapevine 1/2 Turn, Grapevine Right And Left, Side, Together, Forward Step left to left side. Cross right behind left. Step left to left side making 1/2 turn left. Hitch right knee. Step right to right side. Cross left behind right. Step right to right side. Touch left beside right. Step left to left side. Cross right behind left. Step left to left side. Touch right beside left. Step right to right side. Close left beside right. Step right forward.	Side Behind Turn Hitch Side Behind Side Touch Side Behind Side Touch Side Touch	Left Turning left Right Left
Section 5 1 & 2 3 & 4	Rock 3/4 Turn, Hip Bumps Rock left forward. Recover onto right. Step left back making 3/4 turn left. Bump hips right. Bump hips left. Bump hips right.	Rock & Turn Hip Bumps	Turning left On the spot

Choreographed by: John Wilson (N Ireland) February 2008

'Fifty Years Ago' by Ian Tyson (83 bpm) from CD All The Good'uns; also downloadable from iTunes, Napster (8 count intro, start on the word 'roll') **Choreographed to:**

Restart: There is one Restart, during Wall 4 in section 3

