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Fields Of Gold

32 count, 4 wall, Intermediate level Choreographer: Hazel Pace (UK) Oct 2001 Choreographed to: Fields Of Gold by Sting, CD The Best Of Sting (102 bpm); Out Go The Lights by Lonestar (128 BPM); Woodsmoke In The Wind by Michael Martin Murphy (112 BPM); Forever by The Olsen Brothers (100 BPM)

1 – 8 Back Lock Back, Rock Step, ¾ Turn Right, Step Forward, HOLD

- 1 & 2 Step back on right, lock left foot over right, step back on right.
- 3 4 Rock back on left, recover on right.
- 5 On ball of right make ¼ turn right stepping left to side.
- 6 On ball of left make ½ turn right stepping forward on right.
- 7 8 Step forward on left, HOLD.

9 - 16 Cross Unwind ¾ Turn Left, Mambo Step ¼ Turn Right, Rock Step, ½ Turn Left, HOLD.

- 1 2 Cross right over left (keeping weight on right), unwind ¾ turn left.
- 3 & 4 Rock back on left, recover on right, on ball of right make 1/4 turn right stepping left to side.
- 5 6 Rock back on right, recover on left.
- 7–8 On ball of left make ½ turn left stepping back on right, HOLD.

17 - 24 Back Lock Back, Rock Step, 3/4 Turn Left, Cross, HOLD.

- 1 & 2 Sweeping left foot round from front to back step down on left, lock right foot over left, step back on left.
- 3 4 Rock back on right, recover on left.
- 5 On ball of left make ½ turn left stepping back on right.
- 6 On ball of right make ¼ turn left stepping left to side.
- 7-8 Cross right over left, HOLD.

25 – 32 Side Behind Side, Cross, HOLD, Step $\frac{1}{2}$ Pivot Right, Step Forward Left, Touch.

- 1 & 2 (Moving Left) Step left to left side, cross right behind left, step left to left side.
- 3 4 Cross right over left, HOLD.
- 5 6 Step forward on left, ½ pivot turn to right.
- 7 8 Long step forward left, touch right toe behind left foot (bending knees as you touch).

Choreographer's Note:- When danced to "Fields Of Gold" a 12 count tag is danced on the back wall after the 1st, 3rd and 5th sequences only.

12 Count Tag

- 1 & 2 Step back on right, lock left foot over right, step back on right.
- 3 4 Rock back on left, recover on right.
- 5 6 Cross rock left over right, recover on right
- 7 & 8 Step left to side making 1/4 turn left, close right behind left, step left foot forward.
- 9 10 Step right foot forward, ¾ turn left putting weight on left.
- 11 12 Rock forward on right, recover on left

Start Dance Again from back wall