

## Feelin' Stronger

32 count, 4 wall, intermediate level

Choreographer: Sharon McNaughton (UK) Feb 02  
Choreographed to: Stronger by S Club 7 on Sunshine  
Album

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Dance starts on main vocals. On wall four, dance only the first 16 counts then restart the dance from the beginning

### **POINT, HEEL & ROCK, COASTER STEP, PIVOT ¼ TURN**

- 1&2 Point right toe to right side, close right next to left, touch left heel forward  
&3-4 Close left next to right, rock forward on right, replace weight back on left  
5&6 Step back on right, close left next to right, step forward on right  
7-8 Step fwd on left, pivot ¼ turn to right taking weight onto right

### **CROSSING SHUFFLE, SIDE ROCK, BEHIND SIDE CROSS, STEP PIVOT ½ TURN STEP**

- 9&10 Cross left over right, step right to right, cross right over right  
11-12 Rock right to right side, replace weight on to left  
13&14 Cross right behind left, step left to left, cross right over left  
15&16 Step forward on left, Pivot ½ turn to right, step forward on left

### **DOROTHY STEPS, HEEL GRIND WITH ¼ TURN, COASTER STEP**

- 17-18& Step right forward to right diagonal, lock left behind right, step right forward to right diagonal  
19-20& Step left forward to left diagonal, lock right behind left, step left forward to left diagonal  
21-22 Touch right heel forward, grind heel and make ¼ turn right stepping back on left  
23&24 Step back on right, close left next to right, step right forward

### **PUMP KICKS, SAILOR ¼ TURN, PUMP KICKS, SWEEP BEHIND UNWIND ½ TURN**

- &25 Hitch left knee, pump left heel down to right diagonal  
&26 Hitch left knee, pump left heel down to left diagonal  
27&28 Sweep left behind right, step right to right, make ¼ turn left stepping left forward  
&29 Hitch right knee, pump right heel down to left diagonal  
&30 Hitch right knee, pump right heel down to right diagonal  
31&32 Sweep right behind left, dip down with both knees bent, unwind ½ turn right straightening knees ending with weight on left with right toe pointing forward

REPEAT