

Feelin' Alright

32 Count, 4 Wall, Improver

Choreographer: Phil Carpenter (UK) January 2014

Choreographed to: Sleepwalking by Lissie (130bpm)

32 Count Intro when main beat kicks in

RIGHT ROCK BACK, RIGHT SHUFFLE FORWARD, WALK FORWARD LEFT, RIGHT, RIGHT SHUFFLE FORWARD.

- 1-2 Right rock back, Recover weight on left.
3&4 Right step forward, Left step beside Right, Right step forward.
5-6 Walk forward Left, Right
7&8 Left step forward, Right step beside Left, Left step forward.

RIGHT ROCK FORWARD, SHUFFLE ½ TURN RIGHT, FULL TURN RIGHT, LEFT SHUFFLE FORWARD.

- 9-10 Right rock forward, Recover weight on Left.
11&12 Shuffle ½ turn Right stepping Right, Left, Right. 6.00
13-14 ½ turn Right stepping Left forward, ½ Turn Right stepping Right forward. 6.00
(Easier option, walk forward, Left, Right.)
15&16 Left step forward, Right step beside Left, Left step forward.

RIGHT ROCKING CHAIR, ¼ TURN LEFT, RIGHT CROSSING SHUFFLE,

- 17-18 Right rock forward, Recover weight on Left.
19-20 Right rock back, Recover weight on Left.
21-22 Right step forward, turn ¼ Left. 3.00
23&24 Right cross over Left, Left step to Left side, Right cross over Left.

¼ RIGHT X2, LEFT CROSS ROCK, LEFT SIDE, HOLD, & SIDE, TOUCH.

- 25-26 ¼ Right stepping back on Left, ¼ Right stepping right to Right side. 9.00
27-28 Left cross over Right, Recover weight on Right.
29-30 Left step to Left side, Hold
&31-32 Right step beside Left, Left step to Left side, Right touch beside Left. (W.O.L.)

Repeat steps facing new wall enjoy and have fun

Note End of Dance & Big Finish.

You will be facing 6.00, The singer goes into acapella mode, Dance up to step 20 then,

21-24 Right step forward, ½ pivot Turn Left, x2 (End facing front)

Music download available from iTunes