

# Feel You

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64 Count, 4 Wall, Intermediate Choreographer: Teresa & Vera (UK) Nov 08 Choreographed to: I Can Feel You by Anasticia, CD: Heavy Rotation (116bpm)

Start time: Dance starts 40 counts in from the very beginning of the track. On main vocals.

#### Sec 1 Tap Kick, Cross Back Together. Walk Walk Mambo Step

- 1-2-3&4 Tap R next to L, do a small kick to fwd R diagonal with R foot,
  - cross R over L, step back on L, step R next to L.
- 5-6-7&8 2 prissy walks L,R, mambo fwd L (end the mambo with L foot back, not next to R).

### Sec 2 Touch Back 1/2 Turn, Full Turn, Rock Replace Coaster Cross

- 1-4 Touch R toe back, make 1/2 turn R ending with weight on R, full turn R traveling fwd stepping L,R.
- 5-6-7&8 Rock fwd on L, replace weight to R, L coaster cross. (6)

#### Sec 3 Side Ball Change, Cross, Rock & Cross X2

- &1-2 Rock on ball of R out to R side, replace weight to L, cross R over L,
- 3&4 Rock out to L side, replace weight to R, cross L over R.
- &5-6-7&8 Repeat above 4 counts.

#### Sec 4 Twist Press, Twist Kick, Coaster, Pivot 1/2, Paddle 3/4 Turn

- &1-2-3&4 On ball of L twist 1/4 turn L, press R out to R side bending knees slightly, pushing up from the R twist 1/4 turn R ending with a small kick fwd with R, R coaster step.
- 5-6-7&8 Step fwd on L pivot 1/2 turn R, paddle 3/4 turn R doing 1/4 then 1/2,
- weight to end R with L toe touching out to L side. (9) 4 COUNT HOLD TAG on wall 5

#### Sec 5 Ball Cross, Step Side, Behind Side Cross, Up & Down Hips!

- &1-2 Step L next to R, cross R over L, small step to L side,
- 3&4 Cross R behind L, small step to L side, cross R over L,
- 5&6&7&8 Stepping fwd to L diagonal with L bump hips fwd, bump hips back to R, bending knees slightly bump hips fwd to L, keeping knees bent bump back to R, straighten knees and bump to L, bump back to R, bump to L and put weight on L (if you don't like hip bumps do rock replace coaster!)

#### Sec 6 Whole Turn L Doing Step Slides!

- &1-2&3-4 On ball of L twist 1/4 turn L, big step R to R side, slide L next to R ending with a touch,
- on ball of R twist 1/4 turn L, big step L to L side, slide R next to L ending with a touch.
- &5-6&7-8 Repeat above 4 counts. (9)

#### Sec 7 Side Behind Ball Cross Step Side, Up & Down Bumps!

- 1-2&3-4 Step R to R side, cross L behind R, small step to R side, cross L over R, step R to R side.
- 5&6&7&8 Stepping fwd to L diagonal with L bump hips fwd, bump hips back to R, bending knees slightly bump hips fwd to L, keeping knees bent bump back to R, straighten knees and bump to L, bump back to R, bump to L and put weight on L

## Sec 8 Step Lock 1/2 Heel Ball Step, Full Turn, Mambo

- 1-2&3&4 Step R fwd to R diagonal, lock L behind R starting to make 1/2 turn L, finish the 1/2 turn by stepping back on R, dig L heel fwd, step L next to R,
  - small step fwd with R, full turn R traveling fwd, mambo fwd L. (3)
- Hold with pose!
- **TAG:** On wall 5 at the END of section 4 (the paddle) there is an extra 4 counts, the music stops, just put weight on L & hold a pose! Start dance from beginning facing the 9 o'clock wall.

Just for fun! Sections 5-6 are open to your interpretation of the music. In the track, on those sections, Anasticia sings these words 'Oh, did you put a hex on my body. (I'm aroused though, boy can't you tell?) I can't explain it or fight it boy, Cuz I like it' Second wall. I can feel you from my head to my feet. You're all over me. I can feel you when I kiss you baby Touch you baby, love you. Yeah, yeah, yeah

Ladies, make out your with Brad Pitt, George Clooney, Bobby Charlton! Whoever. Fellers, how about, Anasticia, Julia Roberts, Hilda Ogden! Whoever does it for you!! Just have fun!

Many thanks to Pat for suggesting the track & to all at our classes for putting up with us! :-) xx

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