Feel The Spirit

48 Count, 4 Wall, Improver
Choreographer: Angela Rushing (USA) Dec 2009
Choreographed to: Rockin' Around The Christmas
Tree by Brenda Lee

Dance starts:17 counts intro ("Rockin' around the")
Be in the beat of the music (fast) **Phrased**

POINT TOE, DROP, (R-L)
1-2   Point right toe forward, drop right heel
3-4   Point left toe forward, drop left heel
5-8   Repeat count 1-4
       * When pointing toes/drop, raise hand like putting decorations on Christmas tree

SIDE DIAGONALS (R-L)
1-2   Step right foot to side, lock left behind right, step side right
3-4   Step left foot to side, lock right behind left, step side left
5-8   Repeat counts 1-4
       *both arms pointing to side

STEP FORWARD, POINT, CLAP, STEP BACK, POINT, CLAP
1&2   Step right foot forward, point left foot next to right& clap
3&4   Step back left foot, point right next to left & clap
5-8   Repeat counts 1-4
       *clap hands for the entire steps

SHIMMY, CLAPS
1-4   Step right to side (body low), shimmy, step left together (standing up), hold
5-8   Step left to side (body low), shimmy, step left together (standing up), hold
       *When shimming to side, cross both hands waving overlapping,
       & clap two times when stepping foot to side

SHUFFLES FORWARD, BACK (R-L)
1-2   Shuffle right foot forward – right, left, right
3-4   Shuffle left foot forward – left, right, left
5-6   Shuffle back right foot – right, left, right
7-8   Shuffle back left foot – left, right, left
       * Arms on waist

STEP FORWARD, HITCH (Clockwise), MAKING ¼ TURN AROUND
1&2   Step right foot forward,& hitch left foot close to right – (12:00)
3&4   Step left foot forward, making ¼ turn to the right & hitch right foot next to left- (3:00)
5&6   Step right foot forward making ¼ turn to right & hitch left foot next to right – (6:00)
7&8   Step left foot forward, making ¼ turn to right & hitch right foot next to left – (9:00)
       *The whole steps going clockwise right
       * Cross arms on chest when hitching then put down when stepping

Repeat counts 1-48 Enjoy dancing and have fun!