

After Hours (a.k.a. Aidan's Reel)

48 count, 4 wall, Beginner/Intermediate level
Choreographer : Karen Hunn (UK) June 2001
Choreographed to : After Hours at McGann's by
Gaelic Storm (122 bpm) Herding Cats CD

Dedicated to my little boy Aidan for his 1st birthday

Choreographer's Note: When using choreographed music start after first 16 counts. Optionally clap hands whilst waiting.

STOMP, HOLD, BALL-STEP, BALL-STEP, ROCK, STEP, ½ SHUFFLE TURN LEFT

- 1 - 2 Stomp right forward, hold
- & 3 Step ball of left behind right, step forward on right
- & 4 Step ball of left behind right, step forward on right
- 5 - 6 Rock forward on left, rock back onto right
- 7 & 8 Shuffle step ½ turn left, stepping: left, right, left

STOMP, HOLD, BALL-STEP, BALL-STEP, ROCK, STEP, ½ SHUFFLE TURN LEFT

- 9 - 10 Stomp right forward, hold
- & 11 Step ball of left behind right, step forward on right
- & 12 Step ball of left behind right, step forward on right
- 13 - 14 Rock forward on left, rock back onto right
- 15 & 16 Shuffle step ½ turn left, stepping: left, right, left

CROSS ROCK, CHASSE RIGHT, CROSS ROCK, CHASSE LEFT

- 17 - 18 Cross rock right over left, rock back onto left
- 19 & 20 Step right to right, step left beside right, step right to right
- 21 - 22 Cross rock left over right, rock back onto right
- 23 & 24 Step left to left, step right beside left, step left to left

JAZZ BOX ¼ TURN RIGHT, STOMP, STOMP, OUT-IN-OUT (optional: applejacks)

- 25 - 26 Cross step right over left, step back on right
- 27 - 28 Step right ¼ turn right, step left beside right
- 29 - 30 Stomp right forward, stomp left behind right (third position)
- 31 - 32 Swivel both heels: out, in, out

(Optional: steps 29 - 32 can be replaced with stomps right and left in place, followed by applejacks to left then right)

STOMP, SCUFF, BALL-CHANGE, STEP, ROCK, STEP, COASTER STEP

- 33 - 34 Stomp right forward, scuff left forward
- & 35 Step ball of left beside right, step right in place
- 36 Step forward on left
- 37 - 38 Rock forward on right, rock back onto left
- 39 & 40 Step back on right, step left beside right, step forward on right

ROCK, STEP, ½ SHUFFLE TURN LEFT, FULL TURN LEFT, 2 WALKS FORWARD

- 41 - 42 Rock forward on left, rock back onto right
- 43 & 44 Shuffle step ½ turn left, stepping: left, right, left
- 45 On ball of left ½ turn left stepping back on right
- 46 On ball of right ½ turn left stepping forward on left
- 47 - 48 Step forward on right, step forward on left