

Feel The Energy

64 Count, 2 Wall, Intermediate

Choreographer: Esmeralda v.d. Pol (NL) June 2012

Choreographed to: La La Love by Ivi Adamou

Intro : 32 counts

- 1 STEP, TOUCH, FULL TURN L, SHUFFLE 1/4 TURN L, CROSS SHUFFLE**
1-2 Step R fwd, Touch L behind right heel
3-4 1/2 turn L-step L fwd, 1/2 turn L-step R back (12)
5&6 1/4 turn L-step L to L side, Step R next to L, Step L to L side
7&8 Cross R over L, Step L to L side, Cross R over L (9)
- 2 SIDE ROCK, RECOVER, BEHIND-SIDE-CROSS, SIDE, HOLD & SIDE SCUFF**
1-2 Rock L to L side, Recover on R
3&4 Cross L behind R, Step R to R side, Cross L over R
5-6 Step R to R side, Hold
&7-8 Step L next to R, Step R to R side, Scuff L fwd
- 3 CROSS, BACK, CHASSE L, JAZZBOX 1/4 TURN R**
1-2 Cross L over R, Step R back
3&4 Step L to L side, Step R next to L, Step L to L side
5-6 Cross R over L, Step L back
7-8 1/4 Turn R-step R fwd, Step L fwd (12)
- 4 WALK, WALK, OUT OUT, TOUCH, TOUCH BACK, UNWIND 1/2 TURN R, SHUFFLE FWD**
1-2 Walk fwd, R-L
&3-4 Step R to R side, Step L to L Side, Touch R next to L
5-6 Touch R back, Unwind 1/2 R-weight on RF (6)
7&8 Step L fwd, Step R next to L, Step L fwd
- 5 SIDE, TOUCH, SIDE, TOUCH, CHASSE R, CROSS ROCK FWD, RECOVER**
1-2 Step R to R side, Touch L next to R
3-4 Step L to L side, Touch R next to L **restart 5th wall
5&6 Step R to R side, Step L next to R, Step R to R side
7-8 Cross rock L fwd, Recover on R
- 6 CHASSE 1/4 TURN L, FULL TURN L, FWD ROCK, RECOVER, SHUFFLE BACK**
1&2 Step L to L side, Step R next to L, 1/4 turn L-step L fwd (3)
3-4 1/2 turn L-step R back, 1/2 turn L-step L fwd (3)
***Tag-restart 3rd wall
5-6 Rock R fwd, Recover on L
7&8 Step R back, Step L next to R, Step R back
- 7 STEP BACK, SWEEP, SAILOR STEP, STEP BACK, SWEEP, SAILOR STEP**
1-2 Step L back, Sweep R from front to back
3&4 Step R behind L, Step L to L side, Step R to R side
5-6 Step L back, Sweep R from front to back
7&8 Step R behind L, Step L to L side, Step R to R side
- 8 BACK ROCK, RECOVER, SHUFFLE FWD, PIVOT 1/2 TURN L, PIVOT 1/4 TURN L**
1-2 Rock back on L, Recover on R
3&4 Step L fwd, Step R next to L, Step L fwd
5-6 Step R fwd, 1/2 Turn L-weight on L (9)
7-8 Step R fwd, 1/4 Turn L-weight on L (6)

Tag-Restart: In the 3rd wall after 4 counts of section 6 add:

5-6 Step fwd on R. 1/4 turn L-weight on L

7-8 Cross R over L Step L to L side

Restart : In the 5th wall after 4 counts of section 5 (side touches)

