

Feel Like I'm Falling

32 count, 4 wall, intermediate level

Choreographer: Yvonne Dunn (UK) April 2002

Choreographed to: Falling by Gabrielle, Rise
Album

SIDE, STEP BACK, SHOULDER ROLL, STEP FORWARD, FULL SPIRAL TURN, CONTRA CHECK, PUSH BACK, FULL TURN

- 1 Step left foot to left side
- 2 Step right foot back
- 3 Hold feet in place & roll right shoulder from front to back (look back)
- 4 Step left foot forward
- & Make 1/2 turn over left shoulder & step right foot back
- 5 Keep weight on right foot make half turn over left shoulder trailing left toe on floor
- 6 Step left foot forward (bent leg & with right shoulder lead)
- 7 Step right foot back (straightening leg keeping right shoulder lead)
- 8 Step left foot back starting full turn over right shoulder
- & Step right foot forward
- 9 Step left foot back completing full turn over right shoulder
(look over left shoulder and place hands across eyes with open fingers & palms away from face)

WALK, WALK, KICK OUT OUT, RAG DOLL LEFT TO RIGHT

- 18 Step right foot forward slightly across left
- 19 Step left foot forward slightly across right
- 20 Kick right foot forward
- & Step right foot to right side
- 21 Step left foot to left side
- 22- 23 Keeping feet in place lean to left side, drop head back start back lean
- 24- 25 Continuing lean back change weight from left to right

CHA CHA LEFT, QUARTER TURN CHA CHA RIGHT, SYNCOPATED CROSS OVER BREAKS

- 26 Step left foot to left side
- & Close right to left
- 27 Step left foot to left side
- 28 Making quarter turn right step right foot to right side
- & Close left to right
- 29 Step right foot to right side
- 30 Cross left foot diagonally in front of right with weight
- & Replace weight onto right foot
- 31 Rock left out to left side
- & Replace weight onto right foot
- 32 Cross left foot diagonally in front of right with weight
- & Replace weight onto right foot

****TAG**** (only necessary when danced to original track)

- 1 Step left foot to left side, touch right foot to left instep (looking over left shoulder left hand over eyes palm away from face r arm out to r side)
- 2 Hold
- 3 Step right foot to right side, touch left foot to right instep (looking over right shoulder right hand over eyes palm away from face left arm out to left side)
- 4 Hold
- &5 Quickly replace weight onto left foot & press right foot forward (right heel off floor)
- 6 Hold
- 7,8 Gradually replace weight onto left foot whilst shimmying twice
- 9 Hold

Begin Dance From Count 2

NOTE: WHEN DANCE IS PERFORMED TO ORIGINAL TRACK AFTER THREE WALLS
THERE IS AN EIGHT COUNT TAG
