

## Feel It

32 count, 4 wall, Beginner/Intermediate level  
Choreographer: Lone Darling & Lene Nielsen (DK)  
April 2006

Choreographed to :I feel complete by Tamra Rosanes  
(128 bpm)

---

### Step, Bend, Shuffle

- 1-2 Step to right – step left next to right and bend right knee  
3&4 Step forward on right – close left beside right – step forward on right  
5-6 Step to left – step right next to left and bend left knee  
7&8 Step forward on left – close right beside left

### Rock Step, Triple 1,1/2 Right, 1/4 Chasse, Sailor Step

- 9-10 Rock forward on right – recover on left  
11&12 Turn 1/2 right step forward on right – turn 1/2 step back on left –  
turn 1/2 step forward on right  
13&14 Step to left with a 1/4 turn to right – close right beside left – step left to left  
15&16 Cross right behind left – step left to left side – step right in place

### Walk X 3, 1/2 Turn, Twinkle X 2

- 17-18 Walk forward on left – right  
19-20 Walk forward on left – turn 1/2 right end on right  
21&22 Step left diagonally over right – step right to right – step left diagonally forward to left  
23&24 Step right diagonally over left – step left to left – step right diagonally forward to right

### Rock Step X 2, Coaster step, Step Turn

- 25-26 Rock left diagonally over right – recover on right  
27-28 Rock to left – recover  
29&30 Step back on left – step right beside left – step forward on left  
31-32 Step forward on right – turn 1/2 left end on left.
-