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Feel Free

64 count, 2 wall, intermediate level Choreographer: Craig Bennett, Kate Sala and Johnny 2 Step (UK) May 2004

Choreographed to: Wish I Knew How It Would Feel To Be Free by Sharlene Hector (101 bpm)

16 count intro

W	/all	k. \	Nalk, Mambo Step, Sweep Back, Sweep Back, Touch, Unwind ½ Turn.
1		2	Walk forward on right, left.
	&		Rock forward on right. Rock back on left. Step back on right.
5		6	Sweep step left round from front to back. Repeat with right.
7		8	Touch left toe behind right. Unwind ½ turn left. (Weight ending on left).
•		Ü	Todol for too bolling right. Offwhid 72 tall fort. (Wolght offding of fort).
w	/all	٠ ١	Nalk, Mambo Step, Sweep Back, Sweep Back, Touch, Unwind ¼ Turn.
1	u	`, . 2	Walk forward on right, left.
	&		Rock forward on right. Rock back on left. Step back on right.
5	~	6	Sweep step left round from front to back. Repeat with right.
7		8	Touch left toe behind right. Unwind ¼ turn left. (weight ending on left).
•		U	Todon left toe bening right. Onwing 74 tarmiert. (weight ending on left).
C	ros	22	Side, Sailor Step, Cross, ½ Turn into Chasse.
1		, 2	Cross step right over left. Step left to left side.
	&		Cross step right behind left. Step left to left side. Step right in place.
5		6	Cross step left over right. Turn ¼ left Stepping back on right.
_	&	_	Turn ¼ left stepping left to left side. Step right next to left. Step left to left side.
'	Œ	U	Turn /4 lett stepping left to left side. Step right flext to left. Step left to left side.
C	ros	ss.	Side, Sailor Step, Cross, ¼ Turn, Triple ¾ Turn.
1		2	Cross step right over left. Step left to left side.
	&		Cross step right behind left. Step left to left side. Step right in place.
5	~	6	Cross step left over right. Turn ¼ left stepping back on right.
	&	_	Triple 3/4 turn left on left, right, left.
•	۵	U	There 74 turn for on fort, right, fort.
R	റ	k S	step. Shuffle ½ Turn. Rock Step. Shuffle.
	ос		Step, Shuffle ½ Turn, Rock Step, Shuffle. Rock forward on right. Rock back on left
1		2	Rock forward on right. Rock back on left.
1 3	&	2 4	Rock forward on right. Rock back on left. Shuffle ½ turn right on right, left, right.
1 3 5	&	2 4 6	Rock forward on right. Rock back on left. Shuffle ½ turn right on right, left, right. Rock forward on left. Rock back on right.
1 3 5	&	2 4 6	Rock forward on right. Rock back on left. Shuffle ½ turn right on right, left, right.
1 3 5 7	& &	2 4 6 8	Rock forward on right. Rock back on left. Shuffle ½ turn right on right, left, right. Rock forward on left. Rock back on right. Shuffle forward on left, right, left.
1 3 5 7	& &	2 4 6 8 k S	Rock forward on right. Rock back on left. Shuffle ½ turn right on right, left, right. Rock forward on left. Rock back on right. Shuffle forward on left, right, left. Step, Triple ¾ Turn, Rock Step, Coaster Cross.
1 5 7 R	& & oc	2 4 8 k S	Rock forward on right. Rock back on left. Shuffle ½ turn right on right, left, right. Rock forward on left. Rock back on right. Shuffle forward on left, right, left. Step, Triple ¾ Turn, Rock Step, Coaster Cross. Rock forward on right. Rock back on left.
1 3 5 7 R 1 3	& &	2 4 6 8 k S 4	Rock forward on right. Rock back on left. Shuffle ½ turn right on right, left, right. Rock forward on left. Rock back on right. Shuffle forward on left, right, left. Step, Triple ¾ Turn, Rock Step, Coaster Cross. Rock forward on right. Rock back on left. Triple step ¾ turn right on right, left, right.
1 3 5 7 R 1 3 5	& & oc &	2 4 6 8 k S 2 4 6	Rock forward on right. Rock back on left. Shuffle ½ turn right on right, left, right. Rock forward on left. Rock back on right. Shuffle forward on left, right, left. Step, Triple ¾ Turn, Rock Step, Coaster Cross. Rock forward on right. Rock back on left. Triple step ¾ turn right on right, left, right. Rock forward on left. Rock back on right.
1 3 5 7 R 1 3 5	& & oc	2 4 6 8 k S 2 4 6	Rock forward on right. Rock back on left. Shuffle ½ turn right on right, left, right. Rock forward on left. Rock back on right. Shuffle forward on left, right, left. Step, Triple ¾ Turn, Rock Step, Coaster Cross. Rock forward on right. Rock back on left. Triple step ¾ turn right on right, left, right.
1 3 5 7 R 1 3 5 6	& & oc & &	2 4 6 8 8 2 4 6 8	Rock forward on right. Rock back on left. Shuffle ½ turn right on right, left, right. Rock forward on left. Rock back on right. Shuffle forward on left, right, left. Step, Triple ¾ Turn, Rock Step, Coaster Cross. Rock forward on right. Rock back on left. Triple step ¾ turn right on right, left, right. Rock forward on left. Rock back on right. Step back on left. Step right next to left. Cross step left over right.
1 3 5 7 R 1 3 5 6 S	& & oc & &	2 4 6 8 k S 2 4 6 8 y F	Rock forward on right. Rock back on left. Shuffle ½ turn right on right, left, right. Rock forward on left. Rock back on right. Shuffle forward on left, right, left. Step, Triple ¾ Turn, Rock Step, Coaster Cross. Rock forward on right. Rock back on left. Triple step ¾ turn right on right, left, right. Rock forward on left. Rock back on right. Step back on left. Step right next to left. Cross step left over right. Right, Left, Behind Side Cross, Sway Left, Right, Behind Side Cross.
1 3 5 7 R 1 3 5 6 S 1	& & oc & &	2 4 6 8 k 2 4 6 8 y F 2	Rock forward on right. Rock back on left. Shuffle ½ turn right on right, left, right. Rock forward on left. Rock back on right. Shuffle forward on left, right, left. Step, Triple ¾ Turn, Rock Step, Coaster Cross. Rock forward on right. Rock back on left. Triple step ¾ turn right on right, left, right. Rock forward on left. Rock back on right. Step back on left. Step right next to left. Cross step left over right. Right, Left, Behind Side Cross, Sway Left, Right, Behind Side Cross. Step right to right side swaying hips right. Sway hips left.
1 3 5 7 R 1 3 5 6 S 1 3	& & oc & & wa	2 4 6 8 k S 2 4 6 8 y F 2 4	Rock forward on right. Rock back on left. Shuffle ½ turn right on right, left, right. Rock forward on left. Rock back on right. Shuffle forward on left, right, left. Step, Triple ¾ Turn, Rock Step, Coaster Cross. Rock forward on right. Rock back on left. Triple step ¾ turn right on right, left, right. Rock forward on left. Rock back on right. Step back on left. Step right next to left. Cross step left over right. Right, Left, Behind Side Cross, Sway Left, Right, Behind Side Cross. Step right to right side swaying hips right. Sway hips left. Cross step right behind left. Step left to left side. Cross step right over left.
1 3 5 7 R 1 3 5 6 S 1 3 5	& & oc & & wa	2 4 6 8 k 2 4 6 8 y F 2 4 6	Rock forward on right. Rock back on left. Shuffle ½ turn right on right, left, right. Rock forward on left. Rock back on right. Shuffle forward on left, right, left. Step, Triple ¾ Turn, Rock Step, Coaster Cross. Rock forward on right. Rock back on left. Triple step ¾ turn right on right, left, right. Rock forward on left. Rock back on right. Step back on left. Step right next to left. Cross step left over right. Right, Left, Behind Side Cross, Sway Left, Right, Behind Side Cross. Step right to right side swaying hips right. Sway hips left. Cross step right behind left. Step left to left side. Cross step right over left. Step left to left side swaying hips left. Sway hips right.
1 3 5 7 R 1 3 5 6 S 1 3 5	& & oc & & wa	2 4 6 8 k 2 4 6 8 y F 2 4 6	Rock forward on right. Rock back on left. Shuffle ½ turn right on right, left, right. Rock forward on left. Rock back on right. Shuffle forward on left, right, left. Step, Triple ¾ Turn, Rock Step, Coaster Cross. Rock forward on right. Rock back on left. Triple step ¾ turn right on right, left, right. Rock forward on left. Rock back on right. Step back on left. Step right next to left. Cross step left over right. Right, Left, Behind Side Cross, Sway Left, Right, Behind Side Cross. Step right to right side swaying hips right. Sway hips left. Cross step right behind left. Step left to left side. Cross step right over left.
1 3 5 7 R 1 3 5 6 S 1 3 5 7	& & oc & & wa &	2 4 6 8 8 2 4 6 8 9 F 2 4 6 8	Rock forward on right. Rock back on left. Shuffle ½ turn right on right, left, right. Rock forward on left. Rock back on right. Shuffle forward on left, right, left. Step, Triple ¾ Turn, Rock Step, Coaster Cross. Rock forward on right. Rock back on left. Triple step ¾ turn right on right, left, right. Rock forward on left. Rock back on right. Step back on left. Step right next to left. Cross step left over right. Right, Left, Behind Side Cross, Sway Left, Right, Behind Side Cross. Step right to right side swaying hips right. Sway hips left. Cross step right behind left. Step left to left side. Cross step right over left. Step left to left side swaying hips left. Sway hips right. Cross step left behind right. Step right to right side. Cross step left over right.
1 3 5 7 R 1 3 5 6 S 1 3 5 7 S	& & oc & & wa	2468 k 2468 y 2468 T	Rock forward on right. Rock back on left. Shuffle ½ turn right on right, left, right. Rock forward on left. Rock back on right. Shuffle forward on left, right, left. Step, Triple ¾ Turn, Rock Step, Coaster Cross. Rock forward on right. Rock back on left. Triple step ¾ turn right on right, left, right. Rock forward on left. Rock back on right. Step back on left. Step right next to left. Cross step left over right. Right, Left, Behind Side Cross, Sway Left, Right, Behind Side Cross. Step right to right side swaying hips right. Sway hips left. Cross step right behind left. Step left to left side. Cross step right over left. Step left to left side swaying hips left. Sway hips right. Cross step left behind right. Step right to right side. Cross step left over right.
1 3 5 7 R 1 3 5 6 S 1 3 5 7 S 1	& & oc & & & & & & & & & & & & & & & & &	2 4 6 8 8 2 4 6 8 9 5 7 3	Rock forward on right. Rock back on left. Shuffle ½ turn right on right, left, right. Rock forward on left. Rock back on right. Shuffle forward on left, right, left. Step, Triple ¾ Turn, Rock Step, Coaster Cross. Rock forward on right. Rock back on left. Triple step ¾ turn right on right, left, right. Rock forward on left. Rock back on right. Step back on left. Step right next to left. Cross step left over right. Right, Left, Behind Side Cross, Sway Left, Right, Behind Side Cross. Step right to right side swaying hips right. Sway hips left. Cross step right behind left. Step left to left side. Cross step right over left. Step left to left side swaying hips left. Sway hips right. Cross step left behind right. Step right to right side. Cross step left over right. Right, Forward, Shuffle, Rock Step, Shuffle ½ Turn (8 & 1 you have started again). Step right to right side. Step left next to right. Step forward on right.
1357 R 1356 S 1357 S 14	& & oc & & wa	2468 k 2468 y 52468 T 35	Rock forward on right. Rock back on left. Shuffle ½ turn right on right, left, right. Rock forward on left. Rock back on right. Shuffle forward on left, right, left. Step, Triple ¾ Turn, Rock Step, Coaster Cross. Rock forward on right. Rock back on left. Triple step ¾ turn right on right, left, right. Rock forward on left. Rock back on right. Step back on left. Step right next to left. Cross step left over right. Right, Left, Behind Side Cross, Sway Left, Right, Behind Side Cross. Step right to right side swaying hips right. Sway hips left. Cross step right behind left. Step left to left side. Cross step right over left. Step left to left side swaying hips left. Sway hips right. Cross step left behind right. Step right to right side. Cross step left over right. Rogether, Forward, Shuffle, Rock Step, Shuffle ½ Turn (8 & 1 you have started again). Step right to right side. Step left next to right. Step forward on right. Shuffle forward on left, right, left.
1 3 5 7 R 1 3 5 6 S 1 3 5 7 S 1	& & oc & & & & & & & & & & & & & & & & &	2 4 6 8 8 2 4 6 8 9 5 7 3	Rock forward on right. Rock back on left. Shuffle ½ turn right on right, left, right. Rock forward on left. Rock back on right. Shuffle forward on left, right, left. Step, Triple ¾ Turn, Rock Step, Coaster Cross. Rock forward on right. Rock back on left. Triple step ¾ turn right on right, left, right. Rock forward on left. Rock back on right. Step back on left. Step right next to left. Cross step left over right. Right, Left, Behind Side Cross, Sway Left, Right, Behind Side Cross. Step right to right side swaying hips right. Sway hips left. Cross step right behind left. Step left to left side. Cross step right over left. Step left to left side swaying hips left. Sway hips right. Cross step left behind right. Step right to right side. Cross step left over right. Right, Forward, Shuffle, Rock Step, Shuffle ½ Turn (8 & 1 you have started again). Step right to right side. Step left next to right. Step forward on right.