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- 1 - 8 Rock & Out, Sailor 1/4 turn, Swivel 1/2 turn, Swivel contra 1/2 turn (Twist & Twist), Step, 1/4 turn & Cross**
- 1 & 2 Step forward on right (1), Rock (recover) back again onto left (&), Step right to right side (2) - 12:00
3 & Cross left behind right (3), Pivot 1/4 turn left Stepping right next to left (&)
4 Step slightly forward on left (4) - 9:00
5 Step forward on right (5)
& 6 Pivot (twist) 1/2 turn left (&), Pivot (twist) 1/2 back to the right again (6)
7 & Step forward on left (7), Pivot 1/4 turn right (&) - 12:00
8 Cross left over right (8)
- 9 - 16 Side Rock, Cross Rock, Side Rock, Cross, Basic Night Club, 1/4 Pivot turn twice, Cross**
- 1 & Step right to right side (1), Rock (recover) back again onto left (&)
2 & Cross right over left (2), Rock (recover) back again onto left (&)
3 & Step right to right side (3), Rock (recover) back again onto left (&)
4 Cross right over left (4)
5 & Step left long step to left side (5), Cross right slightly behind left (3rd position) (&)
6 Cross left over right (6)
7 Pivot 1/4 turn left Stepping back on right (7) - 9:00
& Pivot 1/4 turn left Stepping left to left side (&) - 6:00
8 Cross right over left (8)
- 17 - 24 Side Mambo Cross, Hip Bumps, 1/4 turn into Hip Bumps, Cross, Side Rock**
- 1 & Step left to left side (1), Rock (recover) back again onto right (&)
2 Cross left over right (2)
3 & 4 Step right to right side and Bump your hips to the right, center, right (3&4)
5 Pivot 1/4 turn left Stepping left to left side and Bump your hips to the left (5) - 3:00
& 6 Bump your hips back to center (&), Bump your hips to the left (6)
7 Cross right over left (7)
& 8 Step left to left side (&), Rock (recover) back again onto right (8)
- 25 - 32 Jazz Box, Step, 1/2 turn, Spiral turn (contra turn), Step, Run forward**
- 1 & 2 Cross left over right (1), Step back on right (&), Step left to left side (2)
3,4 Step forward on right (3), Pivot 1/2 turn left (4) - 9:00
5,6 With weight forward on left; Spin full turn right (5), Step forward on right (6)
7 & 8 Step forward on left (7), Step forward on right (&), Step forward on left (8)
- Tag: To be danced after wall 3. You will be facing 3:00 wall.**
- 1 - 4 Walk forward, Hold (With rippling arms)**
- 1,2 Step forward on right (1), Hold (2)
3,4 Step forward on left (3), Hold (4)
Arms: Put right arm out forward and let it ripple (make a wave on count (1,2). Put right arm out forward and let it ripple (make a wave on count (3,4)
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