

Farm Girl Strong

32 Count, 4 Wall, Beginner

Choreographer: Judy McDonald (Can) July 2013

Choreographed to: Farm Girl Strong by Gord Bamford

Intro: 16

RIGHT SIDE TRIPLE, LEFT ROCK BACK, LEFT STEP ½ TURN, LEFT STEP SIDE, CLAP

- 1&2 Chassé side right-left-right
- 3-4 Rock left back, recover to right
- 5-6 Step left forward, turn ½ right (weight to right) (6:00)
- 7-8 Step left side, clap

BUMP HIPS RIGHT TWICE, LEFT TWICE, CIRCLE HIPS TWICE

- 1-2 Hip right, hip right
- 3-4 Hip left, hip left
- 5-8 Hold for 4 counts (rotate hips to the left two times)

RIGHT STEP FORWARD, LEFT TOUCH SIDE, LEFT STEP FORWARD, RIGHT TOUCH SIDE, BOX ¼ TURN

- 1-2 Step right forward, touch left side
- 3-4 Step left forward, touch right side
- 5-6 Cross right over, step left back
- 7-8 Turn ¼ right and step right forward, step left together (9:00)

RIGHT KICK BALL CHANGE, RIGHT STOMP, CLAP, LEFT KICK BALL CHANGE, LEFT STOMP, CLAP

- 1&2 Right kick ball change
- 3-4 Stomp right forward, clap
- 5&6 Left kick ball change
- 7-8 Stomp left forward, clap

ENDING The song will end after the first 5 counts of the dance, so do the ½ turn, which will turn you to face the front wall, and pose