

MODIFIED SAILOR SHUFFLES

- 1 & 2 Step left crossed behind right, step right to right side, step left to left side with heel lead
3 & 4 Step right crossed behind left, step left to left side, step right to right side with heel lead
5 & 6 Step left crossed behind right, step right to right side, step left to left side with heel lead
7 & 8 Step right crossed behind left, step left to left side, step right to right side with flat foot

DOUBLE KICK, COASTER STEP, DOUBLE KICK, COASTER STEP

- 1 - 2 Low kick left foot forward (two times)
3 & 4 Step left back, step right together & step left forward
5 - 6 Low kick right foot forward (two times)
7 & 8 Step right back, step left together & step right forward

DOUBLE HIP WALK FORWARD LEFT-RIGHT-LEFT-RIGHT

- 1 & 2 Step left to left front diagonal and bump left hip, return center & bump left again
3 & 4 Step right to right front diagonal and bump right hip, return center & bump right again
5 & 6 Step left to left front diagonal and bump left hip, return center & bump left again
7 & 8 Step right to right front diagonal and bump right hip, return center & bump right again

STOMP, KICK SIDE, CROSS OVER, TURN, FORWARD SHUFFLE LEFT & RIGHT

- 1 - 2 Stomp left forward, low kick right to right side
3 - 4 Cross right over left placing ball of right on floor, turn 1/2 shifting weight to right foot
5 & 6 Step left forward, step right together & step left forward
7 & 8 Step right forward, step left together & step right forward

REPEAT
