

Fallen And Broken

48 Count, 4 Wall, Intermediatelevel

Choreographer: Nicole Griehsler (Austria) Jan 06

Choreographed To: Bring Me Down by Miranda

Lambert, CD: Kerosene (76 bpm)

Intro/Count In:start after 13 sec.

Side, Rock Back, Turn 1¼, Rock Forward, Step Back X2

- 1 Step RF to R side
- 2&3 Rock LF behind, recover, make ¼ turn L step LF forward
- 4& Turn ½ L while stepping RF to Back, ½ turn L while stepping LF forward,
- 5 Step RF forward
- 6& Rock LF forward, recover
- 7 Step LF back (slide R toe front to back)
- 8 Step RF back (slide L toe front to back)

Rock Back, Step, Step Turn ½, Step, Rock Forward, Rock Back, Recover, Cross, ½ Turn L

- 1&2 Rock LF back, Recover, Step LF forward
- 3&4 Step RF forward, turn ½ over L shoulder end weight on LF, Step RF forward
- 5&6 Rock LF forward, Recover, Step LF back- Turn body & look back on floor (9o'clock)
- 7 Recover (3o'clock),
- 8& Cross LF over RF, Make a ½ turn L while stepping RF back

Side, Rock Back, Recover, Side, Full Turn L, Coaster Step, Rock Step, Recover

- 1 LF big step L,
- 2&3 Rock RF behind, recover, RF to R
- 4&5 Turn ½ L while stepping LF to L, turn ½ L while stepping RF to R, Step LF next to RF
- 6&7 Step RF back, step LF next to RF, Step RF forward
- 8& Rock LF forward, recover

Turn ½ L, Rock Step R, Turn ¼ R, Rock Step L, Turn ½ L, Walk X 2, Rock Forward, Recover

- 1 Make ½ turn L while stepping LF forward
- 2&3 Rock RF forward, recover, make ¼ turn R while stepping RF forward
- 4&5 Rock LF forward, recover, make ½ turn L while stepping LF forward
- 6-7 Step forward RF, Step forward LF
- 8& Rock RF forward, recover

Turn ½ R, Cross Side Behind Sweep, Behind Side Step, Rock, Recover, Turn ½ L, Side Rock

- 1 Make ½ turn R while stepping RF forward (start sweeping LF back to front)
- 2&3 Cross LF over RF, RF to R side, Step LF behind RF Sweep Front to back
- 4&5 Cross RF behind LF, Step LF to L side, Step RF forward
- 6&7 Rock LF forward, recover, Make ½ turn L while stepping LF forward
- 8& Rock RF to R side, recover

Cross Behind, Turn 1¼ L, Rock forward, Recover, Step Back, Turn 2½ L,

- 1 Cross RF behind LF
- 2& ¼ turn L stepping LF forward, ½ turn L stepping RF back,
- 3 ½ turn L stepping LF forward
- 4&5 Rock RF forward, recover, Step RF back
- 6 Make ½ turn L stepping LF forward
- 7& Make full turn on LF end weight on RF, Step LF forward
- 8& Make full turn on LF end weight on RF, Step LF forward

Make follow through, Start Over don't forget

Restart: dance it 4 times through, start 5th time and after count 8 Step LF next to RF on &, Restart