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Factor AB

32 Count, 4 Wall, Improver

Choreographer: Daniel Whittaker (UK) Oct 2014

Choreographed to: Think by Chris Anderson (2:49 - iTunes)

CELEBRATING 15 YEARS OF CHILL FACTOR: The reason I called the dance 'FACTOR AB', is because 15 years ago when I was in a bar on a Spanish island called Majorca I came across the music and created the dance 'CHILL FACTOR' I still can not believe Chill Factor is nearly 15 years old and is danced everywhere around the world, I love it today as much as I did all that time ago, so thank you to all for dancing it with me!!! I hope you like this new dance.

1-8 Heel splitz, Right heel, Left heel, right knee pop

- 1-2 Push both heels out, bring both heels in
- 3-4 Touch right heel forward, step beside left foot
- 5-6 Touch left heel forward, step beside right foot
- 7-8 Push right knee in towards left knee, push right knee out to right side 12:00

9-16 Right grapevine side step, side step with shimmies

- 1-4 Right to right side, cross left behind right, step right to right side, touch left beside right
- 5-8 Side step left to left side, touch right beside left, Side step right to right side, touch left beside right
**** on side steps shimmy shoulders ****

17-24 Left grapevine ¼ turn left, shuffle R & L

- 1-4 Left to left side, cross right behind left, step left ¼ turn left, scuff right forward 09:00
- 5&6 Step right forward, close left to right, step right foot forward
- 7&8 Step left foot forward, close right to left, step left foot forward

25-32 Rocking chair, ½ turn jump, clap

- 1-2 Rock right forward, recover weight on left
- 3-4 Rock right foot back, recover weight on left
- 5-6 Step right forward, make ½ turn left 03:00
- &7-8 Little syncopated jump forward right, left, CLAP

NOTE: I have also created a Intermediate version of this dance called Factor 15, this is ideal so you can do a floor split
