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# **EZ Merengue**

32 Count, 4 Wall, Beginner, Merengue Choreographer: Winnie Yu (CA) Sept 2010 Choreographed to: Vamos a La Paya by SBS

Intro: 32 counts

# 1 MERENGUE WALK FORWARD, TOGETHER X4

- 1-2 Step left slightly forward, step right besides left with hip movement
- 3-8 Repeat 1-2 three more times
- Optional arms: spread out your arms and move in a circular direction
- (right hand going to the right, left hand going to the left

### 2 SIDE, HOLD TWICE WITH SHIMMY, <sup>1</sup>/<sub>4</sub> LEFT SIDE, TOGETHER TWICE

- 1-2 Step left to side, hold (with shimmy shoulder left over 2 count)
- 3-4 Step right to side, hold (with shimmy shoulder right over 2 count)
- 5-6 Step left to side, step right beside left with hip side walk
- 7-8 Repeat 5-6

With the next section's counts 1-4, walk progressively and turn ¼ left (9:00) Optional arms: put your right hand to the back of your head, and push your left hand out to your left side

### 3 SIDE, TOGETHER TWICE, STEP FORWARD, HOLD, BACK, HOLD WITH SHIMMY

- 1-2 Step left to side, step right besides left with hip side walk
- 3-4 Repeat 1-2
- Optional arms: keep your hands in the above position
- 5-6 Step left forward, hold
  - With shimmy shoulder lean forward over 2 count
- 7-8 Recover to right, hold With shimmy shoulder lean back over 2 count

# 4 FORWARD, SIDE ROCK, RECOVER TWICE, FORWARD, PIVOT <sup>1</sup>/<sub>2</sub> RIGHT

- 1-3 Step left forward, rock right to side, recover to left
- 4-6 Step right forward, rock left to side, recover to right
- 7-8 Step left forward, turn ½ right (3:00)

Option for high beginner:

### LEFT & RIGHT BOTA FOGO, STEP 1/2 RIGHT, LEFT KICK BALL CHANGE

- 1&2 Step left forward, rock right to side, recover to left
- 3&4 Step right forward, rock left to side, recover to right
- 5-6 Step left forward, turn ½ right (3:00)
- 7&8 Kick left forward, step down on left, step right forward

#### ENDING

Wall 12 (9:00), on section 2, counts 5-8, repeat count 1-4 (left side with ¼ right & right side with shimmy shoulder) back to front wall 12:00

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