

Web site: www.linedancermagazine.com

E-mail: admin@linedancermagazine.com

6-7&8

Cross Right Over Left.

Express

Phrased, 80 Count, 4 Wall, Improver Choreographer: Gary Stubbs (UK) Jan 2011 Choreographed to: Express by Christina Aguilera

CD: Burlesque Soundtrack

Sequence: A Tag 1 A A B B B B B Tag 2 B To The End

Very Quick Intro Start after 2 counts, start on the word CRAZY.		
Part A 1-2	R Toe Strut, L Toe Strut, R Toe Strut, L Toe Strut With Finger Snaps. Touch right toe forward, drop right heel to floor taking weight and click fingers. Touch left toe forward, drop left heel to floor, taking weight and click fingers. Touch right toe forward, drop right heel to floor taking weight and click fingers. Touch left toe forward, drop left heel to floor, taking weight and click fingers.	
3-4 5-6 7-8		
1-2 3&4 5-6 7&8	Rock, Shuffle Back, Rock, Shuffle Forward. Rock Forward On To Right, Recover Weight onto Left. Step Right Back, Step Left Together, Step Right Back. Rock Back On To Left, Recover Weight onto Right. Step Left Forward, Step Right Next To Left, Step Left Forward.	
1&2 3&4 5&6 7&8	Hip Bumps 1/4 Turns. Step Right Foot Forward Making a 1/4 turn bumping Hips Right, Left, Right with Weight. Step Left Foot Forward Making a 1/4 turn Bumping Hips Left, Right, Left With Weight. Step Right Foot Forward Making a 1/4 turn as you Bump Hips Right, Left, Right with Weight Step Left Foot Forward Making a 1/4 turn as you Bump Hips Left, Right, Left with Weight.	
&1&2	Jump Forward, Knee Pops, Jump Back, Knee Pops, R Sailor, L Sailor. Step Forward Right And Left, Raise Both Heels Bending Knees	
&3&4	and Drop Heels To Floor Straightening Knees. Step Back Right and Left, Raise Both Heels Bending Knees and Drop Heels To Floor Straightening Knees.	
5&6 7&8	Cross Right Behind Left, Step Left To Left Side, Step Right to Right Side. Cross Left Behind Right, Step Right to Right Side, Step Left To left Side.	
Part B	Walk, Walk, Shuffle, Pivot 1/2 Turn, 1/2 and A 1/4.	
1-2 3&4 5-6 7-8	Walk Right, Walk Left. Step Right Foot Forward, Step Left Next To Right, Step Right Foot Forward. Step Forward On The Left, Pivot 1/2 Turn Right. Make a 1/2 Turn Stepping Back On Left, Step Right To Right Side Making a 1/4 Turn Right	
1&2 3&4 5&6 7-8	Cross Shuffle, Hip Bumps, Sailor 1/4 Turn Left, Walk Right Left. Cross Left Over Right, Step Right To Right Side, Cross Left Over Right. Step Right To Right Side Bumping Hips Right, Left, Right Taking Weight. Cross Left Behind Right, Step Right To Right Side making a 1/4 Turn Left, Step Left Foot Forward. Walk Forward Right and Left.	
1&2 3-4 5-6 7-8	R Mambo Step, Step Back Sit, Hip Bumps Rock Forward on To Right, Recover on To Left, Step Back On Right. Step Back On to Left, Raise Right Heel as You Sit on to Left. Bump Hips Forward and Back. Bump Hips Forward and Back Taking Weight.	
1-2&3 4&5 6 7&8	Step, Rock and Cross, Rock and Cross, 1/4 Turn, Coaster Step. Step Forward Onto Right, Rock left to Left Side, Recover onto Right, Cross Left Over Right. Rock Right to Right Side, Recover onto Left, Cross Right Over Left. Make a 1/4 Turn To Right Stepping Back On Left. Step Back onto Right, Step Left Next to Right, Step Right Forward.	
1-2 3&4 &5	Rock, Recover, Coaster Cross, Ball Cross, Point, Cross Side Cross. Rock Forward Onto Left, Recover onto Right. Step Back on the Left, Step Right Next to Left, Cross Left Over Right. Step Right To Right Side and Cross Left Over Right.	

Point Right To Right Side, Cross Right Over Left, Step Left Next To Right,

1-2 3&4 5-6 7-8	Side Rock, Recover, Sailor 1/2 Turn, R Charleston Forward, Point, Pivot. Rock Left To Left Side, Recover on to Right. Make 1/4 turn to Left as you cross step Left behind Right, 1/4 turn to Left stepping Right next to Left, step forward on Left. Swing right around to touch forward, Swing right back around and step right next to left. Point Left Behind Right, Unwind 1/2 Turn Over Left Shoulder Taking weight onto Left.
Tag 1: 1-2 3-4	After the First A After the Sailor Steps add These 4 Counts. Rock Back On The Right, Recover On To Left. Touch Right Next To Left, Hold For 1 Count.
Tag 2: 1-2 3-4 5-6 7-8	After 24 counts on the 5th B do these 8 counts and Restart. Step Forward Right, Point Left Out To Left. Cross Left Over Right, Point Right to Right Side. Cross Right Over Left, Step Back On The Left. Step Right To Right Side, Step Forward Left.

Linedancer Magazine, 166 Lord Street, Southport, United Kingdom, PR9 0QA Tel: +44 (0)1704 392300 Fax: +44 (0)1704 501678