

Ex-it

Script
approved by

Jan Brookfield



Jan 'Stray Cat' Brookfield

BEGINNER/INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Walk Forward, Coaster Step, Forward Rock, Shuffle 1/2 Turn Left.		
1 - 2	Step forward right. Step forward left.	Right Left	Forward
3 & 4	Step back onto right. Step left beside right. Step forward right	Coaster Step	On the spot
5 - 6	Rock forward on left. Rock back onto right.	Forward Rock	
7 & 8	Shuffle 1/2 turn left, stepping - Left, Right, Left.	Shuffle Turn	Turning left
Section 2	Walk Forward, Coaster Step, Forward Rock, Shuffle 3/4 Turn Left.		
1 - 2	Step forward right. Step forward left.	Right Left	Forward
3 & 4	Step back onto right. Step left beside right. Step forward right	Coaster Step	On the spot
5 - 6	Rock forward on left. Rock back onto right.	Forward Rock	
7 & 8	Triple step 3/4 turn left, stepping - Left, Right, Left.	Triple Turn	Turning left
Section 3	Right & Left Rock Cross Steps, Step 1/2 Pivot Left, Right Shuffle.		
1 & 2	Rock right to right side. Rock onto left in place. Cross right over left.	Right Rock Cross	Right
3 & 4	Rock left to left side. Rock onto right in place. Cross left over right.	Left Rock Cross	Left
5 - 6	Step forward right. Pivot 1/2 turn left.	Step Pivot	Turning left
7 & 8	Step forward right. Close left beside right. Step forward right.	Right Shuffle	Forward
Section 4	Hip Bumps, Chasse 1/4 Turn Left, Shuffle 1/2 Turn Left, Coaster Step.		
1 &	Step left small step to left bumping hips left. Bump hips right.	Left Bump	On the spot
2 &	Bump hips left. Bump hips right. (weight ends on right)	Bump &	
3 & 4	Step left to left side. Close right beside left. Step left 1/4 turn left.	Side Close Turn	Turning left
5 & 6	Shuffle 1/2 turn left, stepping - Right, Left, Right.	Shuffle Turn	Turning left
7 & 8	Step back left. Step right beside left. Step forward left.	Coaster Step	On the spot

2 Wall Line Dance:- 32 Counts. Beginner/Intermediate.

Choreographed by:- Jan 'Stray Cat' Brookfield (UK) 2002.

Choreographed to:- 'That's How You Make An Ex' by Mark Chestnutt (200/100bpm) from Country Line Dancing Vol 1.

Music Suggestion:- 'Tie A Yellow Ribbon' by Easy Rider (192/96 bpm) from Of Lions & Love CD.