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## Except For Monday

32 Count, 4 Wall, Beginner

Choreographer: Rosalee Musgrave (USA) Oct 2012

Choreographed to: Except For Monday by Lorrie Morgan  
(172 bpm) Greatest Hits

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Intro: 32

### **RIGHT HEEL, HOOK, HEEL, FLICK, RIGHT TRIPLE FORWARD LEFT HEEL, HOOK, HEEL, FLICK, LEFT TRIPLE FORWARD**

- 1& Touch right heel forward, hook right over left
- 2& Touch right heel forward, flick right back (to side)
- 3&4 Chassé forward right-left-right
- 5& Touch left heel forward, hook left over right
- 6& Touch left heel forward, flick left back (to side)
- 7&8 Chassé forward left-right-left

### **RIGHT SIDE, LEFT BEHIND, CHASSE, LEFT SIDE, RIGHT BEHIND, TURNING ¼ LEFT TRIPLE FORWARD**

- 1-2 Step right side, cross left behind right
- 3&4 Chassé side right-left-right
- 5-6 Step left side, cross right behind left
- 7&8 Chassé forward left-right-left turning ¼ left (9:00)

**Restart** here during 3<sup>rd</sup> wall

### **STEP RIGHT FORWARD, STEP LEFT FORWARD, STEP RIGHT FORWARD COASTER FORWARD WALK BACK LEFT, RIGHT, LEFT COASTER BACK**

- 1-2 Step right forward, step left forward
- 3&4 Step right forward, step left together, step right back
- 5-6 Step left back, step right back
- 7&8 Left coaster step

### **STEP RIGHT FORWARD, TURN ½ LEFT, FULL TRIPLE TURN LEFT ROCK LEFT FORWARD, RECOVER BACK LEFT COASTER BACK**

- 1-2 Step right forward, turn ½ left (weight to left) (3:00)
- 3&4 Chassé forward right-left-right turning a full turn left  
Option for beginners: no turn. Just chassé forward right-left-right
- 5-6 Rock left forward, recover to right
- 7&8 Left coaster step

**RESTART** after count 16 during 3<sup>rd</sup> wall