



Website: [www.linedancerweb.com](http://www.linedancerweb.com)

Email: [admin@linedancerweb.com](mailto:admin@linedancerweb.com)

## Except For Monday

IMPROVER

32 Count 4 Walls

Choreographed by: Rene and Reg Mileham

Choreographed to: Except for

Monday by Lorrie Morgan and Pam Tillis

---

### Section 1 Kick Ball Point x 2. Behind side cross - rock & cross

- 1 & 2 Right Kick Ball - point left to left side
- 3 & 4 Left Kick Ball - point right to right side
- 5 & 6 Step right behind left - step left to left side- cross right over left
- 7 & 8 Rock left out to left side - replace on right - cross left over right

### Section 2 Walk, Walk - side - close - turn (&) x 2

- 1 - 2 Walk forward right, left
- 3 & Step right to right side - close left to right
- 4 & Step right forward turning 1/4 turn right -(weight back on left)
- 5 - 6 Walk forward right, left
- 7 & Step right to right side - close left to right
- 8 & Step right forward turning 1/4 turn right -(weight back on left)

### Section 3 Toe, Heel forward x 2. Step - 1/2 turn -step. Step - 1/4 turn - step.

- 1 & 2 Touch right toe to left instep - touch right heel to left instep - step forward on right
- 3 & 4 Touch left toe to right instep - touch left heel to right instep - step forward on left
- 5 & 6 Step forward on right - step back on left making 1/2 right - step forward on right
- 7 & 8 Step forward on left - step back on right making 1/4 left - step forward on left

### Section 4 Step - lock. Step - lock - step x 2

- 1 - 2 Step right forward - lock left behind right
- 3 & 4 Step right forward - lock left behind right - step right forward
- 5 - 6 Step left forward - lock right behind left
- 7 & 8 Step left forward - lock right behind left - step left forward

---

(25939)

Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA  
Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768 \*charged at 10p per minute