

Adios Mi Vida

32 count, 4 wall, beginner/intermediate level

Choreographer: Val Hurt (UK) Dec 05

Choreographed to: Adios Mi Vida Adios

by Cerrito

20 count intro

Cross Rock Chasse, Cross Rock Chasse 1/4 Turn

- 1-2 Cross rock right over left, recover to left
3&4 Step right to right side, close left to right, step right to right side
5-6 Cross rock left over right, recover to right
7&8 Step left to left side, Close right to left, Make 1/4 turn left stepping forward on left

Step Forward 1/2 Pivot Turn, Shuffle Half Turn, Rock Back And Kickball Step

- 1-2 Step forward on right 1/2 pivot turn left
3&4 Make 1/4 turn left stepping right to right side, Close left to right, make 1/4 turn left stepping right to right side
5-6 Rock back on left, recover to right
7&8 Kick left foot forward, step down on left, step forward on right

Step Touch, Lock Step Back, Full Turn Rock Back Recover

- 1-2 step forward on left, touch right toe beside left foot
3&4 Step back on right, lock left over right, step back on right
5-6 Make 1/2 turn left stepping forward on left, make 1/2 turn left stepping forward on right
7-8 Rock back on left, recover to right

Step 1/4 Pivot Turn, Cross Shuffle, 1/4 Turn X 2, Step 1/4 Pivot Turn

- 1-2 Step forward on left 1/4 turn right
3&4 Cross step left over right, step right to right side, Cross step left over right
5-6 Make 1/4 turn left stepping back on right, make 1/4 turn left stepping left to left side
7-8 step forward on right, make 1/4 turn left stepping left to left side

Start again and enjoy your dancing.

TAG 4 count tag to be added on the end of walls 2, 5 & 6

- 1-4 Sway hips right, left, right, left