

Everyday Distraction

48 count, 4 wall, Intermediate level

Choreographer: Max Perry (USA) May 2007

Choreographed to: Button Off My Shirt by Ronnie
Millsap

Walk Forward, Forward, Forward, Mambo Rock Forward, Back Turning 1/4 Right, Side, Cross In Front, Forward Turning 1/4 Right, Mambo Rock Forward

- 1,2,3,4,& Walk forward R, L, R, Rock L forward, Step R in place (recover)
5 Step L back and turn 1/4 right
6&7 Step R to right side, Cross L over R, Turn 1/4 right and step R forward (6:00)
8& Rock L forward, Step R in place (recover)

Diagonal Step Back, Touch Heel Fwd, Diagonal Step Back, Touch Heel Fwd, Back Rock, 1/4 Pivot Turn Right

- 1,2,3,4 Step L diagonally back, Touch R heel forward, Step R diagonally back, Touch L heel forward
5,6,7,8 Rock L back, Step R in place (recover), Step L forward & Turn 1/4 right, Step R in place

Cross, Side, Sailor Shuffle, Cross, Side, Sailor Shuffle

- 1,2 Cross L over R, Step R to right side
3&4 Cross L behind R, Step R to right side, Step L in place
5,6 Cross R over L, Step L to left side
7&8 Cross R behind L, Step L to left side, Step R in place

Cross, Point, Cross, Point, Jazz Box Turning 1/2 Left, Shuffle Forward

- 1,2,3,4 Cross Step L over R, Touch R toe to right side, Cross Step R over L, Touch L toe to left side
5,6 Cross L over R starting to turn left, Step R back finishing a 1/2 turn left
7&8 Left Shuffle forward – L,R,L

4 – 1/4 Pivot Turns

- 1,2 Step R forward & turn 1/4 left, Step L in place
3,4 Step R forward & turn 1/4 left, Step L in place
5,6 Step R forward & turn 1/4 left, Step L in place
7,8 Step R forward & turn 1/4 left, Step L in place

Forward Rock to 1/2 Right Turn, Forward Triple, 1/2 Pivot Turn Right, Forward Triple

- 1,2 Rock R forward, Step L in place & turn 1/2 right
3&4 R Shuffle Forward – R, L, R
5,6 Step L forward & turn 1/2 right, Step R in place
7&8 L Shuffle Forward – L,R,L