

Everybody Get Up

32 Count, 4 Wall, Beginner

Choreographer: Wolfgang Marten (DE) April 2014

Choreographed to: Get Up (Video Mix) by Darius & Finlay
feat. Nico

Intro: 20 counts

1-8 Grapevine Right, Diagonally Touches (2x)

- 1,2 RF step right, LF cross behind RF
- 3,4 RF step right, LF touch next to RF
- 5,6 LF step left, RF touch diagonally forward to left
- 7,8 RF step right, LF touch diagonally forward to right

9-16 Grapevine ¼ Turn Left, Brush, Rocking Chair

- 9,10 LF step left, RF cross behind LF
- 11,12 LF turn ¼ left, RF brush [9:00]
- 13,14 RF rock forward, recover on LF
- 15,16 RF rock back, recover on LF

17-24 Walk (3x), Kick, Step Back (3x), Touch

- 17,18 RF walk forward, LF walk forward
- 19,20 RF walk forward, LF kick
- 21,22 LF step back, RF step back
- 23,24 LF step back, RF touch next to LF
(Put your hand up while kick on the word "Hey")

25-32 Step ¼ Turn (2x), Jazzbox Cross

- 25,26 RF step forward, turn ¼ left [6:00]
- 26,27 RF step forward, turn ¼ left [3:00]
- 29,30 RF cross over LF, LF step back
- 31, 32 RF step to right side, LF cross over RF