

## Essential Cha

36 count, 4 wall, improver level

Choreographer: Stephen Rutter (UK) June 2007  
Choreographed to: The Riddle by Nik Kershaw, The  
Essential Nik Kershaw Album (102 bpm)

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36 Count Intro'

**Section 1-Side Rock, Cross Behind, Side Step, Cross, Side Rock, Cross Behind, Side Step, Cross**

- 1-2 Rock right to right side, recover weight onto left.  
3&4 Cross right behind left, step left to left side, cross right over left.  
5-6 Rock left to left side, recover weight onto right.  
7&8 Cross left behind right, step right to right side, cross left over right.

**Section 2-Forward Rock, Coaster Step, Step Forward, Pivot ½ Turn Right, Step Forward, Pivot ½ Turn Right.**

- 9-10 Rock forward on right, recover weight back onto left.  
11&12 Step back on right, close left beside right, step forward on right.  
13-14 Step forward on left, pivot a half turn right.  
15-16 Step forward on left, pivot a half turn right.

**Section 3-Side Step , Heel & Toe Swivels, Back Rock, Chasse With ¼ Turn Right.**

- 17-18 Step left to left side, swivel right heel inwards towards left.  
19-20 Swivel right toe inwards towards left, swivel right heel inwards towards left.  
21-22 Rock back on right, recover weight forward onto left.  
23-24 Step right to right side, close left beside right, make 1/4 turn right stepping forward on right.

**Section 4-¼ Turn Right, Heel & Toe Swivels, Back Rock, Step Forward, Pivot ¼ Left, Cross.**

- 25-26 Make 1/4 turn right stepping left to left side, swivel right heel inwards towards left.  
27-28 Swivel right toe inwards towards left, swivel right heel inwards towards left.  
29-30 Rock back on right, recover weight forward onto left.  
31&32 Step forward on right, pivot a quarter turn left, cross right over left.

**Section 5- Side Step, Heel Taps.**

- 33 Step left to left side.  
34-36 Bringing right heel in towards left instep tap right heel 3 times.

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Music download available from iTunes

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