



Approved by:



# Enjoy Yourself

## 4 WALL - 32 COUNTS - IMPROVER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
<b>Section 1</b> 1 & 2 3 & 4 5 - 6 7 & 8	<b>Forward Shuffle x 2, Forward Rock, Triple 1/2 Turn</b> Step right forward. Close left beside right. Step right forward. Step left forward. Close right beside left. Step left forward. Rock forward on right. Recover onto left. Triple step 1/2 turn right, stepping - right, left, right.	Right Shuffle Left Shuffle Forward Rock Triple Half	Forward  On the spot Turning right
<b>Section 2</b> 1 & 2 3 & 4 5 - 6 7 & 8	<b>Forward Shuffle x 2, Step, Pivot 1/4, Cross Shuffle</b> Step left forward. Close right beside left. Step left forward. Step right forward. Close left beside right. Step right forward. Step left forward. Pivot 1/4 turn right. Cross left over right. Step right to right side. Cross left over right.	Left Shuffle Right Shuffle Step Pivot Cross Shuffle	Forward  Turning right Right
<b>Section 3</b> 1 - 2 3 & 4 5 - 6 7 & 8	<b>Side, Behind, Shuffle Turn 1/4, Forward Rock, Coaster Step</b> Step right to right side. Cross left behind right. Shuffle turn 1/4 turn right, stepping - right, left, right. Rock forward on left. Recover onto right. Step left back. Step right beside left. Step left forward.	Side Behind Shuffle Turn Forward Rock Coaster Step	Right Turning right On the spot
<b>Section 4</b> <b>Note</b> 1 & 2 & 3 & 4 & 5 - 6 <b>Option</b> 7 - 8	<b>Heel Switches With 1/4 Turn, Step Forward x 3, Pivot 1/2</b> During steps 1 - 4 &, complete 1/4 turn left. Touch right heel forward. Step right beside left. Touch left heel forward. Step left beside right. Touch right heel forward. Step right beside left. Touch left heel forward. Step left beside right. Step right forward. Step left forward. Replace counts 5 - 6 with full turn left, stepping - right, left. Step right forward. Pivot 1/2 turn left.	Heel & Heel & Heel & Heel & Right left Step Pivot	Turning left  Forward Turning left

**Choreographed by:** Kim Swan (UK) November 2007

**Choreographed to:** 'Enjoy Yourself' by Prince Buster & Jools Holland (134 bpm) from CD Best Of Friends; also available as download from iTunes (Intro either 32 counts or on very 1st count).