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- RIGHT TRIPLE STEP & LEFT TRIPLE STEP FORWARD**  
1 & 2 Right step forward, left step beside right, right step forward (right-left-right)  
3 & 4 Left step forward, right step beside left, left step forward (left-right-left)
- RIGHT KICK, 1/2 TURN LEFT, CLAP**  
5 - 8 Right kick forward, right cross over left and touch right toe beside left foot, turn 1/2 to left, clap hands (weight on right)
- LEFT TRIPLE STEP & RIGHT TRIPLE STEP FORWARD**  
9 & 10 Left step forward, right step beside left, left step forward (left-right-left)  
11 & 12 Right step forward, left step beside right, left step forward (right-left-right)
- LEFT KICK, 1/2 TURN RIGHT, CLAP**  
13 - 16 Left kick forward, left cross and touch to floor beside right foot, turn 1/2 to right, clap (weight on left)
- RIGHT TRIPLE STEP TO RIGHT WITH ROCK STEP**  
17 & 18 Right triple step to right (right-left-right) ( right step to right, left step beside right, right step to right )  
19 - 20 Rock back onto left, rock forward onto right
- RIGHT MILITARY TURN**  
21 - 24 Left step forward, pivoting on toes and turn 1/2 to right. Repeat
- LEFT TRIPLE STEP TO LEFT WITH ROCK STEP**  
25 & 26 Left triple step to left (left-right-left) ( left step to left, right step beside left, left step to left)  
27 - 28 Rock step back onto right, rock forward onto left
- LEFT MILITARY TURN**  
29 - 32 Right step forward, pivoting on toes turn 1/2 to left. Repeat
- RIGHT TRIPLE STEP FORWARD**  
33 & 34 Right step forward, left step beside right, right step forward (right-left-right)
- RIGHT MILITARY TURN**  
35 - 36 Left step forward, pivoting on toes turn 1/2 to right (weight on right)
- TOE HEEL LEFT AND RIGHT**  
37 - 40 Left step forward onto left toe, left heel step down, right step forward onto right toe, right heel step down
- LEFT KICK BALL CHANGE**  
41 & 42 Left kick forward, left step beside right and lift right heel off floor, right place right heel to floor and raise left heel off floor
- CROSS WITH 1/2 TURN RIGHT**  
43 - 44 Left cross over in front of right and place left toes to floor beside right, turn 1/2 to right ( weight on left )
- TOE HEEL RIGHT AND LEFT**  
45 - 48 Right toe step forward, right heel step down, left toe step forward, left heel step down
- RIGHT KICK BALL CHANGE.**  
49 & 50 Right kick forward, right step beside left, left step beside right
- CROSS OVER WITH 1/2 TURN LEFT**  
51 - 52 Right cross over in front of left, turn 1/2 to left ( weight on left )
- STOMP & THRUST**  
53 - 56 Stomp right, stomp left, thrust your pelvis forward twice
- TOUCH/HITCH/1/4 TURN**  
57 - 60 Right toe touch to right, hitch right knee up to waist level and turn 1/8 to left. Repeat

**/You have now made a 1/4 turn to left**

**STOMP / THRUST**  
61 - 64 Stomp right, stomp left, thrust pelvis forward twice

**REPEAT**

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