

Adalida Stomp

64 Count, 2 Wall, Improver

Choreographer: Jan Wyllie (Aus) April 2009

Choreographed to: Adalida by George Strait
(148 bpm)

Intro: 16 count intro.

1. Side Behind, Side Fwd, Stomp Clap, Stomp Clap

1,2,3,4 Step R to right, Step L behind R, Step R beside L, Step slightly fwd on L
5,6,7,8 Stomp R beside L, Clap, Stomp R beside L, Clap

2. Side Behind, Side Fwd, Stomp Clap, Stomp Clap

9-12 Step R to right, Step L behind R, Step R beside L, Step slightly fwd on L
13-16 Stomp R beside L, Clap, Stomp R beside L, Clap

3. Fwd Back, Back 1/4 Touch, Fwd Together, Fwd Scuff

17,18 Rock/step fwd on R, Rock back on L
19,20 Step back on R, Touch L beside R while making 1/4 left
21-24 Step fwd on L, Step R beside L, Step fwd on L, Scuff R fwd

4. Fwd Back, Back 1/4 Touch, Fwd Together, Fwd Scuff

25,26 Rock/step fwd on R, Rock back on L
27,28 Step back on R, Touch L beside R while making 1/4 left
29-32 Step fwd on L, Step R beside L, Step fwd on L, Scuff R fwd

5. Side Stomp, Side Stomp, Side Together, Back Touch

33-36 Step R to right, Stomp L beside R, Step L to left, Stomp R beside L
37-40 Step R to right, Step L beside R, Step back on R, Touch L beside R

6. Side Stomp, Side Stomp, Side Together, Fwd Scuff

41-44 Step L to left, Stomp R beside L, Step R to right, Stomp L beside R
45-48 Step L to left, Step R beside L, Step fwd on L, Scuff R fwd

7. Fwd Back, Toe Strut Back, Shuffle Back, Back Fwd

49,50 Rock/step fwd on R, Rock back on L
51,52 Step back on R toe, Drop R heel to floor (toe strut)
53&54 Shuffle back L,R,L
55,56 Rock/step back on R, Rock fwd on L

8. Heel Strut Fwd RL, Side Toe Strut, Stomp Hold

57-60 Heel strut fwd R, L
61,62 Step R toe to right side, Drop R heel to floor (toe strut)
63,64 Stomp L beside R, Hold

TAG: There is a 4 count tag at the end of walls 1 and 4

1,2,3,4 Touch R heel fwd, Hold, Touch R toe beside L, Hold

Here's another easy little dance.

It does have 64 counts, but many of the steps are repetitive so I'm sure most dancers will manage it.

I hope you enjoy it... especially if you enjoy George Strait songs! I do!

See you on the floor sometime.... Jan