

Section 1

Nightclub Basic step L, side R, touch, diagonally L run L, R, L, mambo ½ turn R

1-2&	L long step to L side, rock R behind L, Recover onto L	12:00
3-4	Step R to R side, slide L towards R, touch L next to R	12:00
5-6&	1/8 turn to L diag step fwd L, run R, L (on the diagonal)	10:30
7-8&	press fwd onto R, recover onto L, ½turn R stepping R fwd (on the diagonal)	04.30

Section 2

Mambo ½ turn L, rock step together (syncopated rocks) x2, sway x 2

1-2&	press fwd onto L, recover onto R, ½turn L stepping L fwd (on the diagonal)	10:30
3-4&	rock fwd R (on diagonal), recover onto L, step R next to L	10:30
5-6&	rock fwd L (on diagonal), recover onto R, step L next to R	10:30
7-8	sway R, sway L (12:00)	12:00

Section 3

Nightclub Basic step R, ¼ turn L, cross, side, mambo ½ turn R, diag. run L, R, L

1-2&	R long step to R side, rock L behind R, recover onto R	12:00
3-4&	¼ turn L stepping L fwd sweeping R to front, step R across L, step L to L side	09:00
5-6&	press R fwd to L diagonal (7:30), recover onto L, ½turn R stepping R fwd (diag)	01:30
7-8&	step forward L, R, L (on the diagonal)	01:30

Section 4

NC Basic step R, L, sway, sway ¼ turn, sway ¼ turn, side, together (chasse 8&1)

1-2&	R long step to R side, rock L behind R, recover onto R (straighten up)	12:00
3-4&	L long step to L side, rock R behind L, recover onto L	12:00
5-6	sway R, ¼ turn L swaying L (stepping L to L side),	09:00
7-8&	¼ turn L swaying R (stepping R to R side), sway L, step R next to L (8&1 is kind of a chasse starting the dance again on 1)	06:00

No Tags, No Restarts, Enjoy.

For Floor split: Use the same music for the beginner Nightclub dance Love is Alive (no restart)