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# Elenore

128 Count, 2 Wall, Intermediate Choreographer: Chris Jackson (UK) Sept 2013 Choreographed to: Elenore by The Turtles, Album: Elenor (iTunes)

8 count intro.

# 1 TOE STRUT, KICK-BALL-CHANGE, STEP, TURN, CROSS, POINT

1,2,3&4 Step forward on left toe, bring left heel down, kick right forward, step right next to left, step left next to right

5,6,7,8 Step forward on right, pivot a 1/4 turn left, cross right over left, point left toe to left side (9.0)

## 2 BEHIND, POINT, BEHIND-SIDE-CROSS, ROCK, RECOVER, CROSS, TOGETHER

1,2,3&4 Step left behind right, point right toe to right side, right behind left, left to left side, cross right over left 5,6,7,8 Rock left to left side, recover on right, cross left over right (angle toes slightly to right), right next to left

## 3 HEELS/TOES, KICK-BALL-CHANGE, PADDLE A 1/4, PADDLE 1/4

- 1,2,3&4 With weight on toes swivel heels to the right, with weight on heels swivel toes to the right, kick left forward, left next to right, right next to left
- 5,6,7,8 Step forward left, push round a 1/4 turn right swaying hips out to the left as you turn, step forward left, push round a 1/4 turn right swaying hips out to the left as you turn (3.0)

## 4 ROCK/RECOVER, CHASSE LEFT, ROCK/RECOVER, CHASSE A 1/4

1,2,3&4 Cross rock left over right, recover on right, left to left side, right next to left, left to left side

5,6,7&8 Cross rock right over left, recover on left, right to right side, left next to right,

make a 1/4 turn right stepping forward on right (6.0)

# 5-8 ARE A REPEAT OF SECTIONS 1-4, BEGINNING FACING 6.0, ENDING FACING 12.0

#### 9 1/2, 1/2, SHUFFLE LEFT, ROCKING CHAIR

- 1,2,3&4 Moving forward make a 1/2 turn right stepping back on left, make a 1/2 turn right stepping forward on right (easy version for Steps 1,2 walk forward left, walk forward right), forward left, right next to left, forward left
- 5,6,7,8 Rock forward on right, recover on left, rock back on right, recover on left

#### 10 STEP, TURN, CROSS, HOLD, SIDE-BEHIND, SIDE-IN-FRONT, SIDE, ROCK/RECOVER

- 1,2,3,4 Step forward right, pivot a 1/4 turn left, cross right over left, hold for 1 count
- &5&6 Left to left side, right behind left, left to left side, cross right over left,
- &7,8 Left to left side, rock back on right, recover on left (9.0)

# 11 ROCK, RECOVER, CROSS, UP-DOWN, ROCK, RECOVER, CROSS, UP-DOWN

1,2,3&4 Rock right to right side, recover on left, cross right over left, bounce heels up/down 5,6,7&8 Rock left to left side, recover on right, cross left over right, bounce heels up/down

#### 12 1/4, 1/4, CROSS SHUFFLE, ROCK TURN, SHUFFLE LEFT

- 1,2 Make a 1/4 turn left stepping back on right, make a 1/4 turn left stepping left to left side,
- 3&4 Cross right over left, left to left side, cross right over left
- 5,6,7&8 Rock left to left side, make 1/4 turn right as you recover on right, forward left,

right next to left, forward left

# 13-16 MIRROR THE STEPS IN SECTIONS 9-12, BEGINNING FACING 6.0, ENDING FACING 12.00

#### 13 1/2, 1/2, SHUFFLE RIGHT, ROCKING CHAIR

- 1,2 Moving forward make 1/2 turn left stepping back on right, make a 1/2 turn left stepping forward on left
- 3&4 Forward right, left next to right, forward right
- 5,6,7,8 Rock forward on left, recover on right, rock back on left, recover on right

# 14 STEP, TURN, CROSS, HOLD, SIDE-BEHIND, SIDE-IN FRONT, BACK ROCK

- 1,2,3,4 Step forward left, pivot a 1/4 turn right, cross left over right, hold for 1 count
- &5&6 Right to right side, left behind right, right to right side, cross left over right,
- &7,8 Right to right to right side, rock back on left, recover on right (3.0)

# 15 ROCK, RECOVER, CROSS, UP-DOWN, ROCK, RECOVER, CROSS, UP-DOWN

1,2,3&4 Rock left to left side, recover on right, cross left over right, bounce heels up/down 5,6,7&8 Rock right to right side, recover on left, cross right over left, bounce heels up/down

# 16 1/4, 1/4, CROSS SHUFFLE, ROCK TURN, SHUFFLE RIGHT

- 1,2 Make a 1/4 turn right stepping back on left, make a 1/4 turn right stepping right to right side
- 3&4 Cross left over right, right to right side, cross left over right
- 5,6 Rock right to right side, make a 1/4 turn left as you recover on left,

7&8 Forward right, left next to right, forward right (12.0)

## SECOND REPETITION: REPEAT ALL FROM SECTION 1

## THIRD REPETITION: REPEAT FROM SECTION 9 and dance up to end of Section 12 (6.0),

then step forward right (weight on right) and make a 1/2 turn left over a count of 3 to face the front.

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