BLASTFROM

THEPast



ROBERT & REGINA PADDEN

Electric Reel

4 WALL - 32 COUNTS - INTERMEDIATE			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1 1 - 2 & 3 & 4 5 & 6 & 7 - 8 Arms	Side Right, Chasse Step & Heel Switches. Step right to right side. Hold. Close left beside right. Step right to right side. Close left beside right. Step right to right side Touch left heel forward. Step left beside right. Touch right heel forward. Step right beside left. Touch left heel forward. Clap hands. 1 & 2 Hold your arms straight out to the left side and turn your head to look along the line of your arms. Return arms and head on count three. On count 8 the single clap becomes two claps (double time).	Right Hold & Side Close Side Left & Right & Left Clap	Right On the spot
Section 2 1 - 2 & 3 & 4 5 & 6 & 7 & 8 Arms	Side Left, Chasse Step & Heel Switches. Step left to left side. Hold. Close right beside left. Step left to left side. Close right to left. Step left to left side Touch right heel forward. Step right beside left. Touch left heel forward. Step left beside right. Touch right heel forward. Step right beside left. Step left in place. 1 & 2 Repeat above instructions with the arms and head to the right. (No hand claps)	Left Hold Side Close Side Right & Left & Right & Left	Left On the spot.
Section 3	Applejacks/Fancy Feet, Hook & Shuffle Step, Scuff, Hitch & Scoot, Hook Take weight on right toe and left heel, swivel right heel and left toe to left Return both feet to place. Take weight on left toe and right heel, swivel left heel and right toe to right Return both feet to place. Repeat steps & 1 & 2 Hook right across left at knee level. Step right forward. Close left beside right. Step right forward. Scuff left forward. Hitch left knee scooting forward on right. Step left forward. Hook right across left at knee level. & 1 - & 4 Holding arms at your sides swing them from the elbows to the left, right, left and right in synchronisation with the foot pattern (Apple Jacks). Also turn head left, right, left and centre.	& 1 & 2 & 3 & 4 Hook Right Shuffle Scuff Hitch Step Hook	On the spot. Forward Forward
Section 4 1 & 2 3 & 4 5 & 6 7 - 8 Arms	Shuffle Step, Scuff 3/4 Turn Right, Coaster Step, Hold & Jump. Step right foot forward. Close left to right. Step right foot forward. Scuff left forward. Pivot 3/4 turn right on right foot. Step back onto left. Step right foot back Step left foot beside right. Step right foot forward. HOLD for one beat. Jump forward landing feet together. On the last beat of the dance you can step the left forward bending knees and extend left arm forward, right arm back holding for a dramatic finish!	Right Shuffle Scuff Turn Back Coaster Step Hold Jump	Turning right On the spot Forward

Choreographed by:- Robert & Regina Padden (Eire) 1997

Music Suggestion:- 'Cry Of The Celts' from Michael Flatley's Lord Of The Dance (126bpm)