

## Ego Trippin'

40 Count, 4 Wall, Intermediate

Choreographer: Mad Matty (NL) Oct 2008

Choreographed to: My Medicine by Snoop Dogg feat.

Willie Nelson, CD: Ego Trippin'

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- 1. Step , Step ,Lock, Step, Step ,Behind, Side ,Cross**  
1,2 & RF step forward, LF step forward, RF cross behind LF  
3, 4 LF step forward, RF step to right  
5&6 LF cross behind RF, RF step to right, LF cross over RF  
7,8 RF 1/2 to right (knee roll) , 1/4 turn right LF step out
- 2. Behind side cross, mambo cross , kickball step 1/8 , Knee roll, rock**  
1&2 RF cross behind Lf, LF step to left, RF cross over LF  
3&4 LF rock to left, LF cross over RF.  
5&6 RF kick ,RF step in place, LF step forward (turn 1/8 to right).  
7,8 RF roll knee to right, LF rock forward
- 3. Recover, slide heel, coaster 1/8 , step, 1/2 turn, step, Mambo cross**  
1,2 RF recover weight, LF big step backwards (RF slide heel on the ground)  
3&4 RF step back 1/8 turn right, LF step beside RF, RF step forward  
5&6 LF step forward, 1/2 turn right, LF step forward  
7 & 8 RF rock to right, LF recover, RF cross over LF
- 4. Mambo cross, sweep, behind, heel, rock step, coasterstep.**  
1&2 LF rock to left, RF recover weight, LF cross behind RF  
3&4 RF sweep front step behind LF, LF step to left, RF heel diagonal right.  
&5,6 RF recover weight, LF rock forward, RF recover weight  
7&8 LF step back, RF step beside, LF step forward.
- 5. Step, 1/2 , 1/2 , 1/4 side, sailor, step , 1/2 , step**  
1,2 RF step forward, LF turn 1/2 left  
3,4 RF recover weight 1/2 turn right, LF step side 1/4 turn right  
5&6 RF behind LF, LF step to side, RF step to side  
7&8 LF step forward, RF 1/2 turn right, LF step forward

**TAG:** after wall 1, repeat section 5 completely!