



Web site: [www.linedancermagazine.com](http://www.linedancermagazine.com)

E-mail: [admin@linedancermagazine.com](mailto:admin@linedancermagazine.com)

## Easy Sunday Morning

32 Count, 4 Wall, Beginner

Choreographer: Shanthie De Mel (Australia) Aug 2012

Choreographed to: Sunday Morning Coming Down  
by Johnny Cash. (Note slow tempo 84 bpm)

---

Intro only 2 counts. Start immediately on " - - woke up"

### **LOCK STEPS FWD RIGHT & LEFT WITH SCUFF**

1, 2, 3, 4 Step R fwd. Lock L behind R. Step R fwd. Scuff L fwd.

5, 6, 7, 8 Step L fwd. Lock R behind L. Step L fwd. Scuff R fwd. (12:00)

### **CROSS ROCK. REP. BACK. HOLD. (TO BOTH SIDES)**

1, 2, 3, 4 Cross rock R over L. Rep L. Step R back. Hold.

5, 6, 7, 8 Cross rock L over R. Rep R. Step L back. Hold. (12:00)

### **TOE STRUTS BACK x2 TURNING 1/4 LEFT. SIDE. TOG. SIDE. HOLD.**

1, 2 Step back on R toe. Step R heel down.

3, 4 Turning 1/4 left step back on L toe. Step L heel down. (9:00)

5, 6, 7, 8 Step R to right side. Step L tog. Step R to right side. Hold.

### **SIDE. TOG. SIDE. HOLD. SWAY RIGHT. SWAY LEFT.**

1, 2, 3, 4 Step L to left side. Step R tog. Step L to left side. Hold.

**RESTART HERE** facing 6:00 after Rotation 2.

5, 6, 7, 8 Sway to right in place for 2 counts. Sway to left in place for 2 counts. (9:00)

**ENDING OPTIONAL.** At the end of the song, cross R over L & slow unwind to face 12:00.

This dance is dedicated to Christene of Kerang (The quiet, classy one)!

Thanks Christene for giving me this song. Happy dancing!