

Achy Shakey

64 count, 2 wall, intermediate level

Choreographer: Glynn Rodgers (AppleJack) (UK)

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Choreographed to: How Many Tears Can You Hide
by Shakin' Stevens; Getcha Good by Shania Twain

1-8: Back, Modified Monterey Turn, Shuffles, Turning syncopated Jazz Box.

- 1: Step back left.
2-3: Point right to right side, on ball of left make ½ turn right, touching right in-front of left.
Option 2-3: Touch right toe back, pivot ½ right (no weight)
4&5: Shuffle forward right-left-right.
6-7: Cross left over right, turn ¼ left stepping back right.
&8: Step left to place, cross right over left.

9-16: Chasse, Back Rock, 1 & ¼ Rolling Vine, Step.

- 1&2: Chasse left-right-left.
3-4: Rock back right, recover weight onto left.
5-6: Turn ¼ right stepping forward right, make ½ turn right stepping back left.
7-8: Turn ½ right stepping forward right, close left to right.
Option 5-8: Step right to right side, cross left behind right, turn ¼ right stepping forward right, step forward left.

17-24: Touch-Back-Cross x2, Back, Side, Shuffle Forward.

- 1&2: Touch right toe beside left, step diagonally back right, cross left over right.
3&4: Touch right toe beside left, step diagonally back right, cross left over right.
5-6: Step back right, step left to left side.
7&8: Shuffle forward right-left-right.

25-32: Rock Step, Shuffle Turn, Rocking Chair.

- 1-2: Rock forward left, recover weight onto right.
3-4: Triple 1 & ½ left stepping left-right-left.
5-6: Rock forward right, recover weight onto left.
7-8: Rock back right, recover weight onto left.

33-40: Touch-Back-Cross x2, Back, Side, Pivot Turn.

- 1&2: Touch right toe beside left, step diagonally back right, cross left over right.
3&4: Touch right toe beside left, step diagonally back right, cross left over right.
5-6: Step back right, step left to left side.
7-8: Step forward right, pivot ½ turn left.

41-48: Pivot Turn, Chasse, Back Rock, Side-Close, Hold.

- 1-2: Step forward right, pivot ¾ turn left.
3&4: Chasse right-left-right.
5-6: Rock back left, recover weight onto right.
&7-8: Step left to left side, close right to left, hold.

49-56: Side, Behind & Cross, Back & Side, Behind & Cross.

- 1: Step left to left side.
2&3: Cross right behind left, step left to left side, cross right over left.
4: Step left to left side.
5&6: Rock back right, recover weight onto left, step right to right side.
7&8: Cross left behind right, step right to right side, cross left over right.

57-64: Side Rock, Cross, Claps, Hinge Turn, Out, Out.

- 1-2: Rock right to right side, recover weight onto left.
3&4: Cross right over left, clap hands twice.
5-6: Turn ¼ right stepping back left, turn ½ right stepping forward right.
7-8: Step left out to left slight diagonal, step right out to right slight diagonal.
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