

Achy Breaky Rides Alone

BEGINNER

48 Count

Choreographed by: Shirley Hawkins

Choreographed to: Achy Breaky Heart by Billy Ray Cyrus

SHUFFLE STEPS, ROCK STEPS WITH TURNS

- 1 & 2 Shuffle to the right (right-left-right)
3 & 4 Shuffle to the left (left-right-left)
5 Rock back on right foot
6 Rock forward on left foot with 1/4 turn left
7 & 8 Shuffle (right-left-right) turning 1/2 turn left

BACK STEPS

- 9 Step back on left foot
10 Step back on right foot
11 Hitch left foot up, while pivoting 1/4 turn right on right foot
12 Step left foot down

WALK BACKWARDS

- 13 Step back on right foot
14 Step back on left foot
15 Step back on right foot
16 Stomp left foot

SHUFFLE STEPS, ROCK STEPS AND 1/4 TURN

- 17 & 18 Shuffle to the left (left-right-left)
19 Stomp right foot
20 Stomp right foot again
21 & 22 Shuffle to right (right-left-right)
23 Rock back on left foot
24 Rock forward on right foot
25 & 26 Shuffle to the left (left-right-left)
27 Rock back on right foot
28 Rock forward on left foot with a 1/4 turn left

GRAPEVINE RIGHT

- 29 Step right foot to right
30 Cross left foot behind right
31 Step right foot to right
32 Stomp left foot next to right

HEEL TAPS

- & Quickly, step left foot forward
33 Tap left heel
34 Tap left heel
35 Tap left heel
36 Tap left heel
& Switch to right foot forward (bring left foot back)
37 Tap right heel
38 Tap right heel
39 Tap right heel
40 Tap right heel

HAND JIVE

- 41 With both hands, slap both legs (right hand to right)(left to left)
42 With both hands, slap both legs (right hand to right)(left to left)
43 Cross right hand over left hand and left under right (touch legs)
44 Uncross (right hand to right leg) (left hand to left leg)
45 Cross right hand under left hand and left over right (touch legs)
46 Uncross (right hand to right leg) (left hand to left leg)
47 Push both hands forward
48 Push both hands forward again

REPEAT

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