

Achy Breaky Heart

BEGINNER

32 Count

Choreographed by: Melanie Greenwood

Choreographed to: Achy Breaky Heart by Billy Ray Cyrus

VINE TO THE RIGHT AND HOLD

- 1 Right foot step to the right
- 2 Left foot step behind right leg to the right
- 3 Right foot step to the right
- 4 Hold

HIPS ROCK AND HOLD

- 5 Hips rock left
- 6 Hips rock right
- 7 Hips rock left
- 8 Hold

STAR TURN

- 9 Right toe touches backward
- 10 Right toe touches to the right front
- 11 Right foot step in front of the left leg to the left while pivoting 1/4 turn counterclockwise on the ball of the left foot
- 12 Left foot pivots 1/2 turn counterclockwise, weight is fully on the left leg as you push backward with the ball of the left leg and then step down on the right foot
- 13 Left foot step backward
- 14 Right foot step backward
- 15 Left leg lifts until the thigh is parallel to the dance floor and pivot on the ball of the right foot 1/4 turn counterclockwise
- 16 Left foot close to right foot
- 17 Right foot step backward
- 18 Left foot step backward
- 19 Right foot step backward
- 20 Left foot stomp to close to the right foot

HIPS ROCK AND HOLD

- 21 Left foot step to the left and rock hips left
- 22 Rock hips right
- 23 Rock hips left
- 24 Hold

1/4 TURN, STOMP, AND 1/2 TURN

- 25 Right foot step 1/4 turn clockwise
- 26 Left foot stomp to close to the right foot
- 27 Left foot step 1/2 turn counterclockwise
- 28 Right foot stomp to close to the left foot

VINE TO THE RIGHT WITH STOMP/CLAP

- 29 Right foot step to the right
- 30 Left foot step behind right leg to the right
- 31 Right foot step to the right
- 32 Left foot close to the right with a stomp and clap hands

REPEAT**/OPTION****/Substitute a full turn clockwise for Counts 1-4 when repeating the dance.****FULL TURN CLOCKWISE AND HOLD****/ The floor movement is in a straight line to the right.**

- 1 Right foot step 1/3 turn clockwise
- 2 Left foot step 1/3 turn clockwise

- 3 Right foot step 1/3 turn clockwise
4 Hold, leaving feet apart with body weight over right foot, right leg straight, left knee slightly bent
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