

Eastbound

32 count, 4 wall, beginner level

Choreographer: Bodil Lilholt Kristensen (DK)

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Choreographed to: Eastbound and Down by Jerry Reed, Album: The Essential Jerry Reed (Smokey and the Bandit)

Start on vocals

Shuffle forward, Rock Step, Shuffle back, Rock Step.

1&2 Step forward on right, step left beside right, step forward right.

3 - 4 Rock forward left, recover on right

5&6 Step back on left, step right beside right, step back on left,

7 - 8 Rock back on right, recover on left.

Cross Shuffle left, side rock, cross shuffle right, side rock

1&2 Cross right over left. Step left to left side. Cross right over left.

3 - 4 Rock to the left on left, recover on right

5&6 Cross left over right. Step right to right side. Cross left over right.

7 - 8 Rock to the right on right, recover on left.

Shuffle forward, Full Turn Right, Shuffle forward, Rock Step

1&2 Step forward on right, step left beside right, step forward on right.

3 - 4 Make ½ turn right stepping back on left, make ½ turn right stepping forward on right

5&6 Step forward on left, step right beside left, step forward left,

7 - 8 Rock forward on right, recover on left.

Coaster step, Rock step, Coaster ¼ turn, walk x 2, right, left.

1&2 Step back on right, step left beside right, step forward right,

3 - 4 Rock forward on left, recover on right.

5&6 Step back left turning ¼ to the left, step right beside left, step forward on left.

7 - 8 Walk forward right, walk forward left.
