

**PART A**

- & 1,2 Step right to right side, step left to left side, cross right over left (keeping weight on left )  
3,4 Pivot/unwind 1 1/2 turns left (finish with weight on left )

**/A half turn can replace the 1 1/2 turns if this is too difficult**

- & 5 & 6 Rock/step back right, rock/step forward left, step right next to left, step left together  
& 7,8 Rock/step back right, rock/step forward left, step right next to left  
& 1 Step forward on ball of left, scoot/slide right forward (leaning back)  
& 2 Step forward on ball of left, scoot/slide right forward (leaning back)  
3 - 4 Step forward o heel of left, drop/step left toe down (heel strut)  
& 5 & 6 Step right to right side, step left to left side, step right to right side, cross/step left toe over right  
7,8 Unwind full turn right on balls of both feet (finish with weight on right, right crossed over left)  
1 & 2 Hold 1 beat, rock weight onto left, rock/replace weight onto right  
3,4 Step left big step to left, drag right foot in next to left  
& 5 Twist both heels out (heel splits), twist both toes out (feet now parallel & apart)  
& 6 Twist both heels in, twist both toes in (feet now parallel & together)  
& 7 Twist both heels out (heel splits), twist both toes out (feet now parallel & apart)  
& 8 Turning right foot 1/4 turn right, slide/step right to right twice (slide/step are small & fast)

**/At the end of the next 4 beats you will have completed a 3/4 turn left to face the front wall again.**

- 1 Twist right toe 1/2 turn left (body facing forward)  
2 Turning the body 1/4 left twist left toe 1/4 left (keep weight on right)  
& 3 Tap left toe next to right, tap/drop left heel next to right (weight still on right )  
4 Turning body 1/4 left twist/step left toes 1/4 left (weight on left)  
& 5,6 Tap right toe next to left (right heel out), tap right heel next to left (right toes out),step right forward  
7 & 8 Hold 1 beat, stomp/tap left forward, stomp left forward (last stomp with weight)

**PART B**

- 1 & 2 Hold 1 beat, tap right toe next to left (t heel out), tap right heel next to left (right toe out)  
3 Step big stomp/step back at 45 degrees right (turning the body 1/4 turn right & bending the knees)  
4 Drag/slide left foot next to right (keeping weight on right & body still facing 1/4 turn right of front  
& 5 Rock/step back left, rock/step forward right  
6 Bend left knee forward lifting left heel & dragging the left toe next to right (body still facing 1/4 turn right)  
& 7 Rock/step back left, rock/step forward right  
8 Bend left knee forward lifting left heel & dragging left toe next to right(body still facing right)  
& 1 Step left to left side turning 1/4 left & hitching right, kick right at 45 degrees right  
2 Cross/step right over left turning 1/2 turn left  
3 Cross/step left behind right turning 1/2 turn (finish with feet apart & parallel)  
& 4 Jump up & in clicking sides of feet together, jump feet back out  
& 5 & 6 Right & left heel struts-step forward on right heel, drop right toes, step forward on left heel, drop left toes  
& 7 & 8 Repeat right & left heel struts

**/At the end of the next 4 beats you will have completed 2 full right turns moving backwards & finish facing front with feet parallel & apart**

- 1,2 Moving backwards step right back turning 1/2 right, step left forward turning 1/2 turn right  
3 Moving backwards step right back turning 1/2 right  
4 Step left to left side turning 1/2 right (facing front again & feet apart & parallel)  
& 5 Lift up on to toes & scoot forward twice (feet apart & parallel, knees bent)  
6,7 Hold 2 beats (still up on toes)  
8 Scoot forward dropping heels heavily to floor & bending both knees  
& 1,2 Big rock/step back left at 45 degrees, rock/step forward right, step left next to right  
& 3,4 Big rock/step back right at 45 degrees, rock/step forward left, tap right next to left (weight on left)